

Welcome to the Falkland Islands



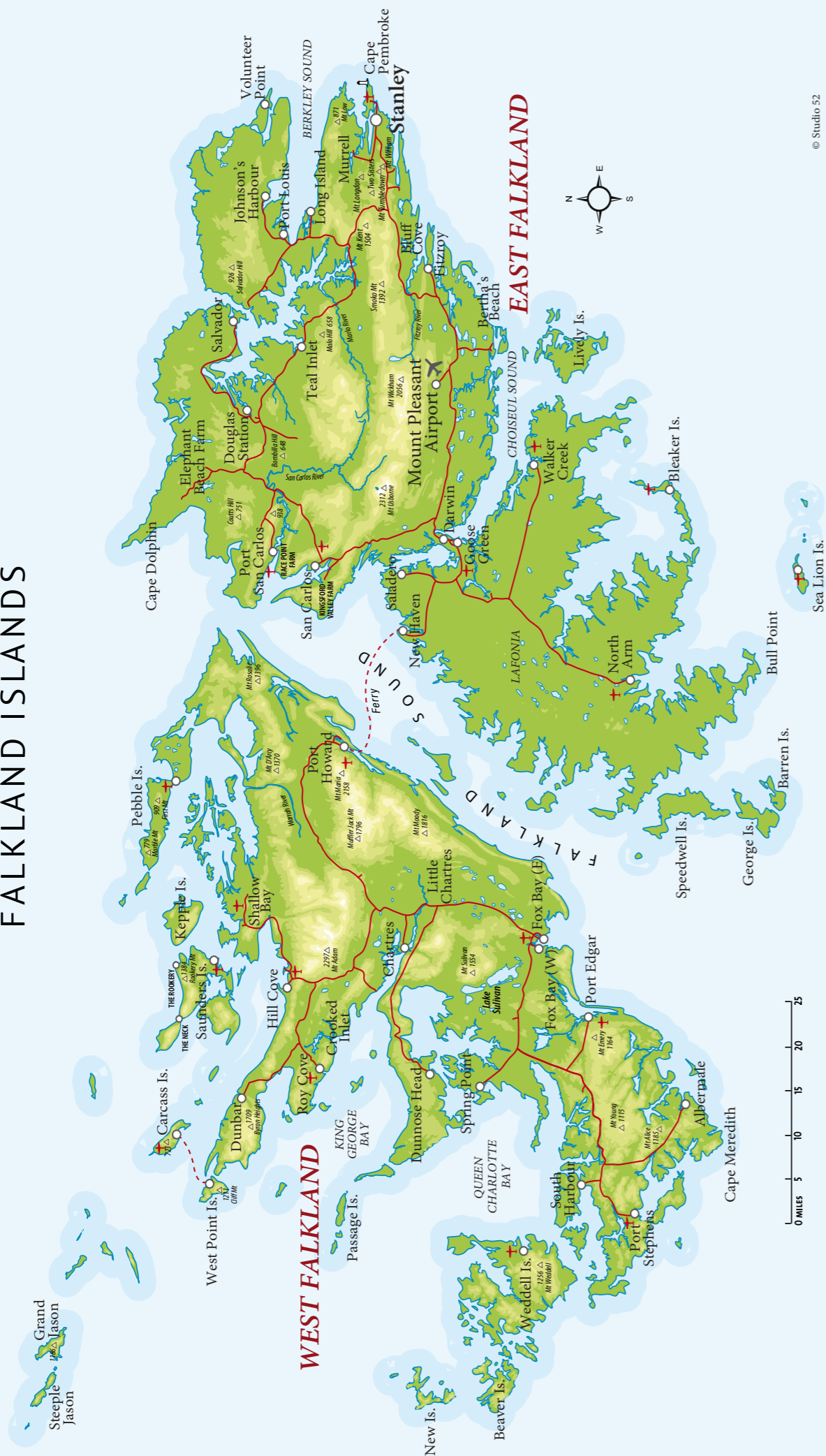
The Falkland Islands Travel Specialists

International Tours & Travel

www.falklandislands.travel



FALKLAND ISLANDS










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FALKLAND FACTS

- ▶ Approximately 488,400 sheep in the Falklands – that's 163 sheep per person!
- ▶ Over 500,000 breeding pairs of penguins are found here.
- ▶ The world's largest colony of Black-browed Albatross is situated on Steeple Jason Island.
- ▶ Stanley – the world's safest capital.
- ▶ Smoko – local name for a morning coffee break, usually accompanied by homemade cakes and biscuits. The Falklands are famous for their hospitality, so be ready to sample some delicious food.

-  Telephone
-  Internet
-  Wi-Fi
-  Laundry
-  Meals
-  Meal packs
-  Shop

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How to reach us

The South American Route

The Falkland Islands are serviced by a weekly flight operated by LATAM from Santiago de Chile to Mount Pleasant Airport in the Falklands. LAN, (now merged with TAM to form LATAM, and a member of the one world alliance) which has one of the world's most modern fleets, operates the Airbus 320 on the Falklands route. The route makes a stop in Punta Arenas (gateway to the Torres del Paine National Park) and regular but less frequent stops in Rio Gallegos (gateway to Argentine Patagonia).

Please contact us for a quotation for fares from the United Kingdom and from other European cities

* For the obligatory one night stop-over each way in Chile we can offer you round-trip airport/hotel transfers and accommodation in both Santiago and Punta Arenas. The transfers are provided with an English speaking guide if required.

From the USA

Please also contact us for our very competitive airfares from the United States to the Falklands via the USA gateways of Miami, New York, Los Angeles and Dallas.

LATAM schedule from Chile to the Falklands (Saturdays only) Southbound
 Santiago 0805 Falklands 1405
 Punta Arenas 1230 Falklands 1405

LATAM schedule from Chile to the Falklands (Saturdays only) Northbound
 Falklands 1505 Punta Arenas 1645
 Falklands 1505 Santiago 2120

LATAM schedule from London to the Falklands Southbound
 Thursday: Heathrow 1735 Madrid 2055
 Thursday: Madrid 2355 Santiago 0945 *the next day
 Saturday: Santiago 0805 Falklands 1405

LATAM schedule from the Falklands to London Northbound
 Saturday: Falklands 1510 Santiago 2120
 Sunday: Santiago 2025 Madrid 1325 *the next day
 Monday: Madrid 1525 Heathrow 1645

The South Atlantic Route

The Ministry of Defence operates a return flight service between Brize Norton, Oxfordshire, England and Mount Pleasant twice weekly. A schedule is available on request. This an 18-hour flight with a brief refuelling stop on Ascension Island. International Tours & Travel Ltd is happy to assist passengers with their ground arrangements should they wish to include a longer stopover on Ascension.

Immigration Requirements

Valid passports are necessary for all visitors. Those from Britain, the Commonwealth, North America, Mercosur, Chile and the European Community do not require visas. Visitors from other countries should check with their nearest British Consulate for visa requirements or contact International Tours & Travel Ltd.



Falkland Islands

Falklands wildlife and history offer the visitor an unforgettable experience – “stunning and unspoilt” are two words many visitors use to describe the wonder of one of the most southerly islands in the world. With 21 years experience our award winning travel agency will be delighted to assist you with all of your travel preparations.

Penguins, seals, albatross – all in their natural environment, without viewing platforms or hundreds of other people to jostle with to get the perfect photograph; white sandy beaches, rolling grasslands, superb walking opportunities, clear unpolluted skies and crime free. If the natural world is more appealing to you than city life then the Falklands may be the destination for your next holiday. We are quietly confident that by the time you leave you will fully understand why the Falkland Islands are the natural choice.

Its not all about the penguins though, the islands are full of precipitous cliffs, ancient volcanic remains and eye-achingly open vistas with hardly a hint of human intervention, all carved out over countless millennia by the harsh weather regimen that subsides for a few months during the summer, allowing a glimpse into a world almost off the edge of the map.

International Tours & Travel, IATA accredited and operating since 1995, brings together a wealth of experience in the travel industry. Agents from as far a field as Uruguay and the United Kingdom are joined by Falkland Islanders to provide expert and first hand advice on travel to and within the exciting and diverse countries of the South American continent, Antarctica and of course the Falkland Islands. We are also the Falklands Sales Agent for LATAM airlines, allowing us to offer and arrange a complete holiday package from international and/or domestic flights, to accommodation of all levels, excursions, transfers and even cruises.

Falklands itineraries are all tailor-made and are created specifically to suit the client's length of stay, interests (whether it be wildlife watching, walking, military history, fishing or just general interest) and budget. In this brochure you will find some sample itineraries to give you a feel for what you may achieve in a 7 or 14 night holiday in the Islands, and on pages 8 & 9 a wildlife calendar will provide an indication of what stage each species is at in its breeding cycle to help you decide on the timing of your visit.

In addition, the Falklands are an ideal add-on to a mainland South American holiday or perhaps as a pre or post Antarctic and/or South Georgia cruise tour destination.

Our main season runs from October to April with the shoulders being primarily for those visitors with a particular interest in fishing. November to February is prime-wildlife viewing time. However the Falklands are not limited to just wildlife, so please read on to find out more about what the Islands have to offer.

We invite you to come and enjoy one of the last places that can truly be described as a somewhere “where nature is still in charge”, and where 770,000 penguins are waiting to say hello.

Contact us for further details and quotes.

FAST FACT FILE

Location: Between latitude 51 and 53 south and longitude 57 and 62 west in the South Atlantic

Status: Overseas Territory of the United Kingdom

Capital: Stanley

Area: 4700 sq. miles; 12173 sq kilometres

Highest Point: Mt. Osborne (705 m)

Distance from most E point to most W point: 238 kms

Flag: Dark Blue with Union Jack in the top left-hand corner and white shield containing the coat of arms in the centre of the distal half

Resident Population: 3,398 (2016 Census)

Language: English

Religion: Predominantly Christian

Main Industries: Deep sea fishing, tourism, wool & meat production, philately and an emerging oil producer

Currency: Falkland Island Pounds (FKP) (equivalent to and interchangeable with Great Britain Pound/Sterling)

International Dialling Code: 500

Electricity Supply: 240V using square 3-pin UK type plugs



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Falkland Islands General Travel Information

Entry Requirements

1. Immigration proceedings are much as for UK. No visa is required for citizens of the EC, Mercosur, USA or the British Commonwealth wishing to obtain a temporary visitor's permit. Citizens from other countries should check with their nearest British Consul before travelling.

2. Travellers arriving in the Falklands are required to possess a valid passport. Except in special cases such as seamen travelling to join a specific ship, no other form of identity document will be acceptable.

3. All arriving passengers, who are not resident or legitimately taking up residence in the Falklands must possess a return air ticket or other evidence of prepaid onward travel arrangements.

4. Evidence in the form of cash or major credit card will be required of sufficient funds to cover the expected length of stay in the Islands and at least a further GBP15/USD30 per day to cover food and other expenses.

5. All visitors must have pre-arranged accommodation in the Islands in advance of their arrival.

6. We are proud of our extremely low incidence of drug abuse and the Falkland Islands Government is committed to maintaining a drug-free environment. Anyone entering the Falklands as a visitor or as a temporary resident/worker who is convicted of a drugs-related offence will be dealt with severely by the authorities and their immigration permit will be revoked.

Airport Information

Mount Pleasant Airport (MPA) is approximately one-hour drive from Stanley, the capital of the Falklands. This airport is a military facility that handles both military and the few commercial flights to the islands. Due

to it being a military zone, photography of any nature is prohibited. For airport tax, see below.

Airport Tax

An Embarkation Tax of GBP22 is charged per person departing the Falkland Islands. The embarkation tax is pre-paid for northbound MoD flights. For LATAM flights the embarkation tax is payable in cash only at the airport on departure and cannot be included in your ticket. The equivalent in USD and Euro is accepted. Children under 2 years are exempt. There are no ATMs or money exchange facilities at the airport so please ensure you have sufficient cash in GBP/USD/EURO in advance of leaving Stanley.

Health Information

No vaccinations are required to enter the Falklands from any country. It is essential that prior to your arrival all visitors obtain medical insurance which includes aero-medical evacuation. If you are taking any prescription medicine bring both your prescription and medication with you as replacement medicine might not be readily available. Please pack all medication in your hand luggage for your international flights.

Luggage information

On Falkland Islands Government Air Services (FIGAS) luggage is restricted to 20 kg (approx. 45 pounds) including hand luggage. Excess can be taken (at a charge of £1.40 per kilo) should weight and space restrictions permit. There are no restrictions on the number of bags you may check-in.

Currency

The Falkland pound (1FKP = 1GBP in retail outlets but a small fee is charged by the bank to exchange FKP for GBP); British pounds are universally accepted. Currency exchange and cash back on credit cards are available at

the Standard Chartered Bank (open 0830 to 1500 Monday to Friday) in Stanley and Visa/MasterCard are widely accepted in Stanley. US Dollars and Euros are accepted widely in Stanley at the prevailing rate of exchange. US Dollars and Euros are accepted at some destinations outside of Stanley but not all. No South American currencies are accepted or exchanged in the Falklands.

Note: There are no ATM/Automated Cash Facilities in the Falkland Islands, and no foreign cash exchange facilities at the international airport.

Communications

The international dialling code for the Falklands is 500. International calls from the Falklands can be made usually from either your hotel/guesthouse, several phone booths located around Stanley, or at Sure, the internet and phone provider to the Falklands located on Ross Road in Stanley. There is only limited mobile phone coverage in the Falklands which presently only covers the top half of East Falkland. SIM cards are available from The West Store supermarket Electrical Department.

As the internet is provided via satellite there is no free wifi in the Falklands. There is no internet café; however, several of the hotels / guesthouses in Stanley offer WiFi hotspots or internet at a fee. There are also several public wi-fi hotspots around Stanley. At most outer-lying islands you will be able to purchase a Sure WiFi card in £5 and £10 denominations.

Internet in the Falklands is comparatively more expensive and slower than other destinations.

Electricity

The standard UK 240V 50Hz system operates in the Islands, using square 3 pin plugs.

Weather

Average daytime temperatures measured at Mount Pleasant are 15°C in January/February; 4°C in June/July. Average night-time temperatures are 6°C in January/February; 0°C in June/July. The prevailing winds are from the west, and are stronger in the summer than the winter. The Islands are relatively sunny, with average hours of sunshine similar to southern England coastal areas. Average daily sunshine hours range from 7.5 hours in December/January to 2.0 in June/July. Generally it is wetter on the east than the west, with the annual average rainfall at Mount Pleasant being 566mm. The maximum temperature recorded at Mount Pleasant was 29.2°C and the minimum was -9.5°C. All four seasons can be experienced in one day so please pack with a degree of flexibility in mind.

All data is supplied by Mount Pleasant Meteorological Office.

Clothing and Accessories

Casual clothing is the order in the Falkland Islands. Travellers should bring clothes similar to those worn in Britain in the spring. Particularly important are a wind & waterproof jacket or anorak with a hood or hat and a stout pair of walking boots or shoes, as you may have to cross some rough ground to see the best wildlife. Sun/wind screen and lip salve are essential when spending time outdoors in the remarkably clear, unpolluted air. Shoes or slippers for indoor use are also useful as it is customary to remove outdoor footwear when entering lodges/houses, particularly in camp (outside of Stanley).

Essentials to bring:

- Sunscreen
- Sunglasses with protection against ultraviolet rays
- Amenities/Toiletries: such items are not usually provided in hotels, lodges and guesthouses so best to bring your own. These items can be purchased at shops in Stanley but are generally more expensive than in the USA and UK
- Binoculars always enhance wildlife watching, a lightweight, compact pair is ideal
- Internet facilities are not available at all destinations so we recommend for digital photo downloading that you bring either a hard drive, laptop or sufficient memory cards, although these can be purchased in the Falkland Islands.

Laundry

While laundry facilities are limited in both Stanley and Camp most destinations will do laundry on request for a small fee.

Food and Drink

A wide variety of food and drink is offered throughout Stanley and Camp, usually British in character, with much use made of organic meat (mutton, lamb, beef, pork) and vegetables. Fish and squid caught in Falkland waters are also well worth trying. Falklands' local produce can often be identified on menus by the use of Falklands Finest logo:



Portions tend to be generous, particularly in Camp, and "smoko" (homemade cakes with tea and coffee) taken in mid morning and mid afternoon. The choice of an English cooked breakfast is usually on offer at lodges and hotels.

Tap water is safe to drink, however bottled water is available at most destinations.

Souvenirs

Sheep farming is a common way of life (although slowly diminishing) in the Falkland Islands; and there are a variety of woollen and felted items for sale in Stanley, including sweaters, scarves, jewellery and pictures. Look for items brandishing the Falklands Woolmark to be assured that goods are made from luxurious local wool:



Postal stationery of the Falkland Islands is much sought after and the Philatelic Bureau (located on Ross Road next to the Post Office) issues stamps for the Falkland Islands, Falkland Islands Dependencies and the British Antarctic Survey. Other items to look out for are books on the Islands, prints and watercolour. Jewellery made with Falklands pebbles and uniquely Falklands jars of diddle-dee jam make great gifts to post or take away with you.

Gratuities

Tipping while not compulsory or expected is appreciated if good service has been given. The bottom line determining whether and how much to tip is to ask yourself how much the individual did to make your travels more enjoyable.

Further Information

Please do not hesitate to contact our office if you require any further information or visit our website: www.falklandislands.travel

You can also visit the official Falkland Islands Tourist Board website: www.falklandislands.com



What's on offer

Wildlife

The Falklands are synonymous with wildlife holidays and ecotourism. The abundance and accessibility (for those who enjoy travelling slightly off the beaten track) of the wildlife, all within its natural environment, have rightly earned us the name "Galapagos of the South".

Four breeding species of penguin (and the chance of seeing up to seven different species), the world's largest colonies of Black-browed albatross, the curious and internationally endangered Striated caracara, the endemic Falkland steamer duck, the lumbering but impressive Elephant seal, Southern sea lions, dolphins and even killer whales, are just some of the highlights of a Falklands wildlife-based holiday.

Military history

Mount Tumbledown, Mount Harriet, Goose Green and San Carlos all became household names in 1982 during Argentina's brief occupation of the Falkland Islands. Guided tours of these and other battlefields, cemeteries and memorials are a must for anyone with an interest in military history. Darwin (from where you can explore San Carlos and Goose Green), Pebble Island and Port Howard are the destinations to include in an itinerary concentrating on this aspect of the Falklands. However it is easy to combine this particular interest with the Falklands' other attractions if a more general/mixed interest tour is preferred.

Botany

Experiencing the wildlife of the Falklands is not just about animals - despite the obvious lack of trees, there is a wealth of attractive and colourful plants. Overall the Islands have 178 native plant species and 14 of these, including the emblematic Lady's Slipper, are found nowhere else in the world. The native flora shared with Patagonia includes such gems as the Dog Orchid and our national flower, the Pale Maiden. The main types of vegetation are acid grassland, dominated by Whitegrass, and dwarf shrub heath where Diddle-dee often dominates. The Falklands are thought to be an important stronghold for the habitat known locally as Tussac; this is almost exclusively composed of a giant grass that can grow up to 3 m tall. Tussac supports a range of wildlife and also helps to reduce coastal erosion. Illustrated nature walks will help you discover this impressive habitat along with rare species such as the unusual fern Dusen's Moonwort and edible native plants including the tasty Teaberry. It is clear that the Falkland Islands are a great destination for a botany-based holiday.

Weddings

A backdrop of rocky cliffs, penguins surfing in on the waves to a deserted white sandy beach, dolphins frolicking in the shallows and bright blue skies - a perfect setting for a wedding.

Why not try the Falkland Islands as the latest wedding destination. The laws are relatively simple, and we at International Tours & Travel Ltd. can

deal with all the ground arrangements for you - the actual location for the service, catering, accommodation, domestic flights to the honeymoon destination and other smaller details to make the whole event run smoothly.

Fishing

Few fishing places can offer wilderness fishing similar to the Falklands, just remote location where you can enjoy the privacy of the coastal estuaries, rivers and streams. Add a back drop of rugged hills or a beautiful beach, and of course the fish, to create an experience regularly described by angler as "outstanding".

You fish amidst spectacular scenery and amazing wildlife and relax in the warmth of comfortable lodges and cottages offering genuine Falklands hospitality.

The sea trout season runs from 1 September to 30 April. Catches in the rivers are heavily influenced by rainfall with ideal spate conditions likely in September/October and March/April. Also at these times and during the intervening months the sea creeks and estuaries are good locations, especially as the tide starts to flood. Sea trout of 2 lb to 7 lb are common with fish in excess of 10 lb taken every season. The current record of 22 lb 12.5 oz was taken by Alison Faulkner from the San Carlos on 25 March 1992.

When fishing tidal waters it is very likely you will come into contact with the Falkland mullet (*Eleginus falklandicus* Nototheniidae). Like the European species, it follows the tide into the shallows where it can be seen

moving, usually with an obvious wake. However it is not related, being much larger and stronger with fish recorded in excess of 20 lb. Locally it is much valued as a game fish taking bait, spinner of fly to provide an exciting surprise to the unsuspecting trout angler.

Visitors are encouraged to return all fish to the water. Rivers normally available are privately owned and in the absence of any contrary advise from the owner it should be assumed that a catch and release policy applies. It is strongly recommended that barbless hooks be used. The maximum number of fish allowed to be taken by fisherman on any one day varies from river to river and should be ascertained from the guide/ghillie or landowner in advance.

Please refer to our website, www.falklandstravel.com for advice on equipment and fishing spots around the Falklands.

Camping

Camping in the Falkland Islands is a generally a wilderness experience. It rewards visitors with tranquillity, extended encounters with wildlife and a dazzling display of stars. There are no designated campgrounds and facilities and provisions are limited outside of Stanley. Camping usually takes place on private land with suitable spots ranging from backyards to coastal cliff-tops, beaches or sheltered spots near rivers or streams. Many of the

principle tourist destinations do not allow camping. Camping equipment must be suitable for windy conditions. Campers should familiarise themselves with the Countryside Code and be aware that permission must be sought by landowners before entering private land. We are now able to offer the hiring of camping equipment from Stanley; this will allow you to not have to bring everything you need with you on your journey to the Falkland Islands. Please contact us for information about the prices and what is offered.

Eating Out

Eating out in the Falkland Islands is about sampling delicious locally-sourced ingredients in an unhurried, welcoming setting. Indulge in a selection of local seafood including squid, mussels, tooth fish, crab and mullet. Also recommended is our tender local lamb and beef reared on the wide plains throughout the Islands. Culinary delights such as Upland goose pâté, and the unique flavours of diddle-dee and teaberry should not be missed.

There are a number of options for eating out in Stanley from the creativity of a Michelin-star chef at the Malvina House Hotel and modern Falklands cuisine at the Waterfront kitchen.cafe to more casual fare at local pubs, takeaway counters and diners. Guesthouses and B&Bs across the Islands offer genuine Falkland hospitality with traditional 'smoko' treats of home-made cakes and

biscuits and hearty home-cooked meals using fresh, local produce. Accommodation providers will often offer packed meals for those heading out on a hike, picnic or fishing trip as well as hot meals waiting for you upon your arrival. Locations that offer meals to day-trippers outside Stanley include Darwin House, Goose Green Galley and Port Howard Lodge.

It should be noted that many restaurants and diners in Stanley require that last orders for meal be before 8.30pm.

Arts & Crafts

The Falkland Islands are a natural choice for a blend of hobby and holiday with incredible wildlife and landscapes, spectacular sunsets and colourful houses providing inspiration to photographers and artists alike. For those with a preference for craft, the quality of Falkland's wool is ideal for a variety of uses. A Weavers & Spinners Guild meets twice weekly and workshops focussing on spinning, dyeing and felting are available at certain times of year. Artists' supplies including paints, brushes, pencils, paper, woollen craft material and camera film are available in Stanley.





The following dates are approximate. Exact dates may vary between years depending upon the condition of the animals prior to return and may also vary between sites, with for example Beauchene Island usually being one week in advance of other breeding sites. There is also variation within the population with some individuals returning earlier or later. Dates may vary by +/- 3 weeks.



Wildlife calendar reproduced courtesy of Falklands Conservation which is a Falklands registered non-government organisation and charity that monitors and works to protect the wildlife heritage of the Falkland Islands.

Wildlife Calendar

	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY
GENTOO PENGUIN	Adults return to Falklands to begin building nests	Egg laying 3rd week Oct (highly variable +/- 3 wks)	Incubation 34-36 days	Hatch early Dec & parents broodguard 25 days	Early Jan start to crèche at age 25-30 days	Both parents forage for food for chick Some chicks may fledge mid Feb	Main fledge starts early Mar at 14 wks old	Adults begin annual moult (15-20 days) from late March	Up to 50% of Gentoos remain in the Falklands over the winter
MAGELLANIC PENGUIN	Adults return to Falkland Islands	Eggs laid mid Oct	Incubation 35 - 40 days	Hatch 2nd week of Dec		Chicks leave burrows	Chicks fledge mid March. Adults moult in March	Migrate north along the S. American coast	
ROCKHOPPER PENGUIN		Males return early Oct and females 1 week later	Eggs laid 1st week Nov Incubation 32-34 days	Hatch early Dec & parents broodguard 24 -26 days	Chicks crèche	Late Feb chicks fledge at 65 -75 days old	Chicks fledge early March. Adults forage & return to colony to moult	Moult late Mar & Apr. (20-25 days) Depart mid Apr.	Disperse northwards on shelf
KING PENGUIN	*** 18-month breeding cycle **	Large/small chicks & eggs at various stages simultaneously	1st peak adult moult. Majority previous years chicks depart Nov/Dec	2nd peak adult moult. Eggs laid mid Nov - mid March	50 day incubation	First chicks hatch late Jan / Feb			May - August chicks may be fed only 3X & lose up to 50% of their weight
BLACK-BROWED ALBATROSS	Males return late Sep	Females return early Oct Eggs laid mid Oct	Incubation 70 days	Eggs hatch late Dec & parents broodguard chick for approx. 25 days	Broodguard continues until mid Jan	Both adults provision the chick	Both adults provision the chick	Chicks fledge mid/late Apr at 122 days old	Juveniles disperse north & return to colony to breed at 7 yrs.
SOUTHERN GIANT PETREL	Return late Sep to colonies	Egg laying mid Oct - early Nov	Incubation 60 days				Chicks fledge late March		
OTHER SEABIRD SPECIES	Most other species will fit within the same breeding season. Generally smaller birds have a shorter season & lay slightly later								
ROCK SHAG	Nest building commences late Sep		Eggs laid		Chicks fledge Jan/Feb	Chicks fledge Jan/Feb			
WHITE-TUFTED GREBE	Nest building commences late Sep		Eggs laid up until late Dec		Chicks fledge Jan/Feb	Chicks fledge Jan/Feb			
BLACK-CROWNED NIGHT HERON		Eggs laid mid to late Oct. Some evidence that young birds lay later		Eggs found as late as represent late laying or	Jan, may double brooding				
BLACK-NECKED SWAN	Breeding early/mid Sep Can start early Aug	Incubation 35 days & hatch Oct			Chicks fledge at 3 mths				
UPLAND GOOSE	Breeding commences Sep & Oct		Incubation 30 days	Chicks fledge at 70 days					
FLIGHTLESS STEAMER DUCK	Egg laying mid Sept onwards until Dec			Chicks fledge at under 3 mths					
YELLOW-BILLED TEAL	Egg laying starts mid Aug			Double brooding is possible					Young observed as late as April
VARIABLE HAWK & TURKEY VULTURE		Nesting can commence in Sep but more commonly Oct	Incubation 45 - 50 days		Young fledge Jan				
SOUTHERN ELEPHANT SEAL	Bulls arrive early Sep. Cows arrive 1 wk later (mid Sep). Pupping late Sep / early Oct. Pups suckled for 20 days and gain 4x birth weight. Females mate at end of lactation (20 days) and females depart after only approx. 27 days ashore		Pups remain ashore for 45 days fasting after females departure Males depart late Nov after 3 mths having lost 40% body weight		Adults haul out late Jan / early Feb to moult for 25 days				
SOUTHERN SEA LION					Bulls establish territory in Dec. Cows arrive late Dec / early Jan. Pupping from late Dec to mid Jan. Females mate 2/3 days after pupping. After mating females conduct short foraging trips returning every fewdays to suckle pup. Late Jan pups form into pods and bull territories break up. pups may suckle / remain dependant for 12 months + After breeding no segregation and mixed groups hauled out				



Getting around

From airport transfers and taxis to scenic flights and ferry crossings, there are several transport options to help you make the most of your stay in the Falkland Islands. Details including rates and schedules for the options below are available from International Tours & Travel Ltd.

Falkland Islands Government Air Service

The Falkland Islands Government Air Service (FIGAS) operates a fleet of four Britten Norman Islander aircraft offering a range of flight services including regular flights to major settlements and tourist destinations, LATAM transfers, scenic and round-robin flights as well as air charters. Luggage is restricted to 20kg per person including hand luggage (*conditions apply). There is no additional allowance for hand luggage. Excess luggage is charged at a rate of £1.40/kg per sector flown but individual pieces cannot exceed 25kg. Please advise ITT in advance of travel if you expect to have excess luggage so that we can pre-alert the airline. Flight times are not available until the day prior to travel as the flight schedule for each day is only drawn up the previous afternoon to take account of all bookings received. First flights generally depart Stanley at 08:30am (08:00am check-in).

Ferry Service

Workboat Services Ltd operates a regular ferry service between New Haven on East Falkland and Port

Howard on West Falkland. New Haven is approximately a 2-hour drive from Stanley, just outside Darwin/Goose Green. Vehicles and walk-on passengers are permitted. The crossing aboard MV Concordia Bay takes approximately 1 hour 45 minutes. Tickets must be purchased in advance. Please enquire for schedules and rates. Please note that schedules are generally not released with much advance notice, but for advance planning ferries generally always operate in both directions on Fridays and Sundays.

Taxis

Taxis operate 7 days a week and are a convenient way to travel within Stanley and to nearby points of interest. Taxis are not metered but run on a fixed rate based on your destination.

Car Hire

The Falkland Islands have an extensive road network linking most points of interest and major settlements. It should be noted that the roads are not tarmac: only gravel roads and can be challenging to the inexperienced drivers. If you opt for self-drive

exploration, private car hire is available from Stanley-based operators. Please note that hire cars cannot be taken off road and are not permitted on the ferry service. Driving is on the left as in the UK and seatbelts are mandatory for all occupants.

Boat Excursions & Charters

Excursions by boat give visitors a different perspective of the varied coastline features. Rugged cliffs, sheltered bays and tussac islands feature throughout the Islands and rides through Stanley harbour afford beautiful views over the colourful roofs of Stanley. Dolphins often accompany boats and whale sightings are common during the summer months. Boat excursions vary in length, theme and in vessel type. There are no fixed schedule boat excursions but please advise us of your requirement and we will endeavour to arrange a suitable trip. Whale watching trips are not available on a schedule basis but are often available when regular sightings are being reported in the Port William and Berkeley Sound areas. This tends to be in February/March. Please enquire for more information as there is no regular/scheduled boat trips in the Islands.



Bleaker Island

Characterized by wide sandy bays and sheltered coves this low-lying island is easily reached within a 30-minute flight from Stanley. Bleaker Island is a popular destination offering modern comfortable accommodation with a sense of isolation.

The low silhouette of Bleaker makes it easy to explore on foot and it may also account for its rich maritime history. In the early part of the 20th century five ships were lost at Bleaker Island including the French barque *Cassard* wrecked in 1906. The island is privately owned and run as an organic sheep and cattle farm which operates smoothly in conjunction with tourism.

Visitors can enjoy a wide variety of wildlife in a very compact area, enjoy an orientation tour where the owner or the island or lodge manager will point out areas of interest and bring the history of the island to life for you. One highlight of the island is the Rockhopper penguin colony of some 750 pairs situated only a short walk from the cottages. Even closer is a large colony of king cormorants totalling approximately 8,000 breeding pairs. Further north, a Gentoo penguin colony (approximately 3,300 pairs) and scattering of Magellanic penguins can be found. Long Gulch, a deep fissure in the cliffs east of the settlement, is fringed with tussac grass which attracts many small birds such as tussac birds, Grass and Cobb's wren. Big Pond, in the centre of the island, is an excellent place to view waterfowl including the White-tufted and Silvery grebe, black-necked swans, Chiloë wigeon, Speckled and Silver teal, and the flying steamer duck. Peregrine falcons and red-backed hawks plus Crested and Striated caracaras are also resident, whilst Southern sea lions and Elephant seals are regular visitors from nearby Sea Lion Island or the small offshore tussac islands.

The long sandy beaches and open country of Bleaker Island offer some great hiking opportunities during which visitors should look out for some of the local flora such as the Yellow Orchid, the Dog Orchid and the endemic Lady's Slipper.

The Bleaker Island Group is internationally recognized as an important Bird Area and the northern part of the Islands is a National Nature reserve.

Accommodation

Cobb's Cottage

Named after naturalist Arthur Cobb, one of the island's former farmers

- Accommodation for parties of up to 4 adults
- 2 twin rooms, both ensuite
- Additional folding beds available for 2 children
- Well sized lounge, dining area, sun room and kitchen

Cassard House

The newest accommodation on the island completed in 2011

- Accommodation for up to 8 people
- 1 double room & 3 twin rooms, all ensuite
- Large lounge and adjoining dining area linking through the spacious sun room. Well appointed kitchen
- Eco friendly

Both equipped with:

Central heating, Gas cooking facilities, 24-hour electricity, TV, video/DVD & hi-fi

Welcome pack of home-made biscuits. Bleaker Island organic lamb and beef is on sale, as well as most basic groceries, for self-catering guests. Full board accommodation is available from 1 October – 30 April but must be pre-booked.

Cottages operate year-round.

Hire vehicle available for self-drive tours or guided tours.

Cottages operate year-round.

Hire vehicle available for self-drive tours or guided tours.

Payment: Cash (£, USD) & Cheques (UK & FI), Travellers Cheques (GBP & USD)



HIGHLIGHTS

- ▶ Big Pond with mixed waterfowl
- ▶ Large King cormorant colony
- ▶ Rockhopper, Magellanic and Gentoo penguins
- ▶ Isolated accommodation
- ▶ Expansive sandy beaches and coves

WILDLIFE CHECKLIST

- ▶ Rockhopper penguin
- ▶ Gentoo penguin
- ▶ King cormorant
- ▶ Rock cormorant
- ▶ Red-backed hawk
- ▶ Peregrine falcon
- ▶ Upland goose
- ▶ Ruddy-headed goose
- ▶ Flying steamer duck
- ▶ Falkland steamer duck
- ▶ Magellanic penguin
- ▶ Crested caracara
- ▶ Striated caracara
- ▶ Teal duck
- ▶ Crested duck
- ▶ White-tufted grebe
- ▶ Silvery grebe
- ▶ Chiloë wigeon
- ▶ Antarctic skua
- ▶ Dolphin gull
- ▶ Dominican gull
- ▶ Turkey vulture
- ▶ Tussacbird
- ▶ Dark-faced ground-tyrant
- ▶ Grass wren
- ▶ Cobb's wren
- ▶ Magellanic snipe
- ▶ Snowy sheathbill
- ▶ Southern sea lion
- ▶ Black necked swan



HIGHLIGHTS

- ▶ Warm Falklands welcome in a traditional farmhouse
- ▶ See Falklands wildlife at it's best on this rat and cat free island
- ▶ Small ground nesting bird species abound, including the endemic Cobb's Wren
- ▶ Gentoo and Magellanic penguins
- ▶ Enjoy the magic of a full day boat tour to West Point Island taking in the Black-browed albatross colony

WILDLIFE CHECKLIST

- ▶ Gentoo penguin
- ▶ Magellanic penguin
- ▶ Rock cormorant
- ▶ King cormorant
- ▶ Striated caracara
- ▶ Variable hawk
- ▶ Upland goose
- ▶ Ruddy-headed goose
- ▶ Falkland steamer duck
- ▶ Yellow-billed pintail duck
- ▶ Black-crowned night- heron
- ▶ Magellanic oystercatcher
- ▶ Falkland skua
- ▶ Brown-hooded gull
- ▶ Blacked-chinned siskin
- ▶ Falkland thrush
- ▶ Cobb's wren
- ▶ Magellanic snipe
- ▶ Black-throated finch
- ▶ Grass wren
- ▶ Rufous-chested dotterel
- ▶ Tussac bird
- ▶ Commerson's dolphin
- ▶ Peale's dolphin
- ▶ Elephant seals

Carcass Island

Owing its name to the sloop HMS *Carcass* that visited in 1766, this is one of the most picturesque outer-lying islands and a favourite backdrop for photographers and artists alike. Due to conservation efforts of its early owners, the island has mature tussac plantations and has remained free of cats and rats for over 100 years. This makes Carcass Island an ideal spot to observe small birds such as the endemic Cobb's wren.

The settlement gardens have an almost tropical feel with their Monterey cypress trees, New Zealand cabbage palms and flax, and colourful array of flowers providing an attractive home to many other small birds such as Black-chinned siskins and Falkland thrush. Away from the settlement, the sandy beaches, rolling hills and low cliffs make superb platforms from which to view the multitude of sea and shore birds that either breed or feed on and around this island. These include Gentoo and Magellanic penguin, Yellow-billed pintail duck, the endemic Flightless steamer duck, Magellanic oystercatcher, Striated caracara and Variable hawk.

Stanley Hill, just behind the settlement, gives commanding views across Byron Sound to West Falkland. From Mount Byng (304m) one can see as far as the Jason Islands and Pebble Island on one side and away to New Island on the other.

Both the north and south of the island provide great hiking opportunities, taking in interesting flora, beachcombing, penguin colonies, and sheltered dunes which make great picnic spots.

As there are no guided excursions around Carcass Island you will have plenty of time to explore this very special island completely at your own leisure, although the owners are more than happy to provide transfers and tours free of charge as their workload permits.

Carcass Island is self-sufficient in organic vegetables, meat and dairy products, all of which you will be able to sample as it is prepared as typical Falklands 'Camp-style' fare.

Accommodation

Accommodation is in the modernised farmhouse.

- 2 double rooms, 1 triple room and 3 twin rooms
- All rooms ensuite with shower
- Full board accommodation only (packed lunches provided)
- Lounge with honesty bar
- Sun room
- Tea/coffee making facilities with a selection of delicious home baking always on offer

- Full day tours by boat to West Point Island
- Open approximately mid September – end of April

Payment:
Cash (£, US\$, €) UK and FI cheques
Reduced rates in October and March.



Darwin (& Goose Green)

Named after Charles Darwin, who visited the Islands during his travels, the settlement was established in 1859 as a centre first for cattle ranching, and later for sheep farming. Today, remnants of Gaucho activity, such as an original stone corral, can be found in the settlement and surrounding area.

When the site became too small for the thriving settlement, all the farm buildings, the church, and most of the houses were transferred to Goose Green (just 2km from Darwin). At Goose Green you can observe the workings of a typical Falkland farm including sheep shearing in the height of the summer.

Goose Green became a household name during the 1982 Conflict between Britain and Argentina, and guided tours of the San Carlos, Darwin and Goose Green area can be arranged. During these tours, you will visit the British and Argentine cemeteries, memorials including a monument to Colonel H. Jones and the battlefield sites. A visit to nearby Bodie Creek Bridge is also worthwhile as it is the world's southernmost suspension bridge.







The lodge's waterfront setting means that it is a great place to start your wildlife watching as well – Night heron, Ruddy-headed and Upland goose, Blackish-oystercatcher and Cormorant are almost certainties. For those with their own transport, Darwin provides an ideal base for the exploration of the eastern shore of Falkland Sound, the plains of Lafonia or hiking up the highest peak in the Falklands, Mount Osborne (705m). Being the nearest tourist accommodation to Mount Pleasant Airport, Darwin House is the ideal place to start or finish your visit to the Falkland Islands. The lodge will provide transportation to or from Mount Pleasant, and having Darwin airstrip right on the doorstep means they are conveniently placed for local flights to other settlements.

Accommodation

Darwin House

Recently refurbished throughout this modern accommodation offers all the comforts today's traveller has come to enjoy.

- 2 double rooms, 2 twin rooms and 2 twin/double rooms with scenic views over Choiseul Sound, the picturesque settlement, Wickham Heights and Mount Osborne
- Large, comfortable lounge, conservatory and well-stocked honesty bar
- TV, & DVD in the lounge
- A wide range of full and half day guided tours catered to your interests
- Transport to/from Mount Pleasant Airport
- Open September – end of May

Payment method:     
Cash (£, \$US),
FI cheques and most major credit cards 

The Galley – Goose Green

For the more budget conscious and those with self-drive capability, a fully-equipped self-catering cottage for up to 9 people (1 double room, 1 triple room and 1 quadruple room). Meals can also be taken at the nearby Galley Café, or booked by prior arrangement.

Payment method:     
Cash (£, US\$) UK and FI cheques

HIGHLIGHTS

- ▶ Spend time taking in 1982 battlefields, San Carlos and cemeteries
- ▶ Learn about South American Gaucho history
- ▶ Visit Bodie Creek Bridge - the world's southern most suspension bridge
- ▶ Get a feeling for the lifestyle on the largest Falklands farm at Goose Green
- ▶ Climb Mount Osborne, the highest mountain in the Falklands
- ▶ Discover waterfowl on the local Ponds/lagoons

WILDLIFE CHECKLIST

- ▶ King Cormorant
- ▶ Black-Crowned Night-Heron
- ▶ Upland Goose
- ▶ Ruddy-Headed Goose
- ▶ Kelp Goose
- ▶ Magellanic Oystercatcher
- ▶ Blackish Oystercatcher
- ▶ Logger Duck
- ▶ Flightless Logger Duck
- ▶ Variable Hawk
- ▶ Turkey Vulture
- ▶ Crested Caracara
- ▶ European Hare

WEST POINT ISLAND BY BOAT

Visit West Point Island as a day trip by boat from Carcass Island – a great opportunity to see Black-browed albatross. Weather permitting, the transfer can be extended to visit seabird feeding grounds and photograph the stunning cliffs of West Point, including the Devil's Nose. Whale and dolphin spotting are also possible. See page 21 for further details.



HIGHLIGHTS

- ▶ 42+ species of breeding birds
- ▶ Enjoy the stunning landscapes and walking opportunities
- ▶ 1982 memorials and wreckage
- ▶ Tours with experienced and knowledgeable guides catered to your interests

WILDLIFE CHECKLIST

- ▶ Rockhopper penguin
- ▶ Gentoo penguin
- ▶ Macaroni penguin
- ▶ Magellanic penguin
- ▶ King cormorant
- ▶ Rock cormorant
- ▶ Crested caracara
- ▶ Peregrine falcon
- ▶ Variable hawk
- ▶ Upland goose
- ▶ Ruddy-headed goose
- ▶ Kelp goose
- ▶ Flying steamer duck
- ▶ Falkland steamer duck
- ▶ Crested duck
- ▶ Yellow-billed pintail
- ▶ Silver teal duck
- ▶ Speckled teal
- ▶ Brown pintail
- ▶ Black-necked swan
- ▶ White-tufted grebe
- ▶ Silvery grebe
- ▶ Chiloë wigeon
- ▶ Black-crowned night-heron
- ▶ Blackish oystercatcher
- ▶ Magellanic oystercatcher
- ▶ South American tern
- ▶ Southern giant petrel
- ▶ Antarctic skua
- ▶ Two-banded plover
- ▶ Turkey vulture
- ▶ Long-tailed meadowlark
- ▶ Black-throated finch
- ▶ Falkland pipit
- ▶ Dark-faced ground-tyrant
- ▶ Black-chinned siskin
- ▶ Grass wren
- ▶ Common snipe
- ▶ Austral thrush
- ▶ Rufous-chested dotterel
- ▶ Southern Sea Lion

Pebble Island

Pebble Island, at 31 kilometres long, is the third largest offshore island and is home to the longest sand beach in the Falklands. Pebble was given its present name in the 1760s after beautiful semi-precious pebbles were discovered on its western beaches. Today, local artisans use Falkland pebbles to create unique pieces of jewellery.

The landscape of Pebble Island varies greatly from pristine beaches, moor lands and rocky peaks to an extensive area of ponds and wetlands, and dramatic coastal cliffs. All of these provide vital breeding habitats for an incredible list of some 42 resident bird species including some rare and elusive species. The deep ponds on the east of the island, many of which are within walking distance of the lodge, are home to Chiloë wigeon, Silvery grebes, Black-necked swans and a multitude of other wildfowl and wading birds. Many thousands of Gentoo, Rockhopper and Magellanic penguins breed on Pebble Island each summer. The island is also a favourite spot for many rare avian visitors from mainland South America and beyond. Marine mammal enthusiasts can enjoy raucous congregations of Southern sea lions.

Pebble Island also played a significant role in the 1982 conflict, the remains of aircraft destroyed when British special-forces raided the island's Argentine-occupied airstrip can still be seen. Visitors to Pebble Island today land on the same grass airstrip that saw the first land-based action of the Falklands War. There are several memorials, including a memorial to the crew of HMS Coventry.

Due to the size of the island the excellent overland tours are highly recommended to ensure you maximise your experience. The experienced drivers/guides will tailor-make tours to match individuals' interests. The full and half day guided tours in 4x4 vehicle offer ample opportunity to see the abundant wildlife, historical sites and spectacular scenery further afield from the settlement.

Accommodation

Pebble Lodge

Originally served as the farm manager's house, and was very much a focal point of the 22,000 acre estate. It has been adapted to suit the needs of visitors from around the world while retaining the warm and friendly atmosphere of a traditional Falkland farm house.

- 3 twin rooms, 1 double room, 1 family room and 1 single room
- All rooms en-suite with shower
- Comfortable lounge with wide selection

of videos, DVDs and Falklands related books

- Honesty bar and tea/coffee making facilities
- Open mid September- April

Payment method:

Cash (£, US\$, €) UK and FI cheques accepted



Port Howard

Port Howard is a picturesque settlement located on the west side of Falkland Sound. It is the oldest and largest remaining sheep farm on West Falkland – its 200,000 acres support approximately 40,000 sheep which produce about 650 bales of wool annually. They also run about 250 cattle. At the settlement, visitors can watch various aspects of farm life such as sheep gathering and shearing.

Easily reached by ferry or air service, Port Howard is a holiday destination in itself as well as a convenient gateway to the West.

Port Howard is one of the best places to stay for sea trout fishing on the Warrah and Chartres rivers, for which guiding and transport can be provided. The summit of Mount Maria, the third highest peak in the Falklands, lies about 5km from the settlement and makes a good half-day hike with stunning views as your reward.

Although wildlife is not Port Howard's principle attraction, a Gentoo penguin colony and a large number of waterfowl can be found at Gladstone Bay on Port Purvis, only an hour's drive from the settlement. Colonies of King and Rock cormorants can be found along the low cliffs and Black-crowned night-herons also breed in the area. On the drive to Gladstone Bay you will get magnificent views of Port Howard and Falkland Sound to the south and over Purvis Harbour to Pebble Island to the northwest. Additional excursions can take you towards Fox Bay and/or Hill Cove.

For those with an interest in military history, there is a small museum by the Lodge giving insight into the 1982 Conflict when 1,000 Argentine troops occupied the settlement. SAS Captain Gavin John Hamilton MC who died during the conflict is buried in the Port Howard cemetery. Guided excursions can take visitors to some of the areas that figured during the conflict including the remains of crashed aircraft.

Accommodation

Port Howard Lodge

Full board accommodation is offered in this former farm manager's house which has been carefully converted into a comfortable lodge.

- 2 twin, 2 double and 3 family rooms
- All ensuite with shower
- Lounge
- Honesty bar
- Dining room and conservatory.

Built in 1952, the house still retains the charm of that era with original wood panelling, the old telephone system and farm artifacts on display. The well manicured lawns and many hedges in the garden provide a great area for relaxing after a day's fishing. Or if you prefer, play a casual game of Pitch and Putt

Payment method:

Cash (£, US\$, €) UK and FI cheques accepted



Head Shepherd's House

Located across from the Lodge, this self catering cottage provides accommodation for up to 9 people in 4 bedrooms with shared bathroom facilities. The house is well equipped with 24-hr power, cooker, microwave, washing machine, fridge, dishwasher and comfortable lounge with TV.

There is also backpacker style accommodation with shared facilities at the Port Howard bunk house.

Payment method:

Cash (£, US\$, €) UK and FI cheques accepted



HIGHLIGHTS

- ▶ Experience Falklands sheep farming
- ▶ Enjoy Rockhopper heaven at Gladstone Bay
- ▶ Learn about the conflict at Port Howard's unique 1982 museum and crash remains
- ▶ Superb scenery and hiking opportunities
- ▶ World-class sea trout fishing

WILDLIFE CHECKLIST

- ▶ Gentoo penguin
- ▶ Rock cormorant
- ▶ King cormorant
- ▶ Red-backed hawk
- ▶ Upland goose
- ▶ Ruddy-headed goose
- ▶ Kelp goose
- ▶ Falkland steamer duck
- ▶ Patagonia crested duck
- ▶ Black-crowned night-heron
- ▶ Magellanic oystercatcher
- ▶ Giant petrel
- ▶ Dolphin gull
- ▶ Two-banded plover
- ▶ Rufous-chested dotterel
- ▶ Black-throated finch
- ▶ Long-tailed meadowlark



HIGHLIGHTS

- ▶ Dramatic rugged headlands
- ▶ Experience the wonder of the Indian Village rock formations
- ▶ Relax in the solitude of your own cottage

WILDLIFE CHECKLIST

- ▶ King Penguins
- ▶ Gentoo Penguins
- ▶ Magellanic penguins
- ▶ Commersons Dolphins
- ▶ Rock Cormorants
- ▶ Fur seals

Port Stephens

In the southwest of West Falkland lies Port Stephens, a settlement known for its dramatic landscapes, surreal rock formations and wildlife. If you enjoy walking and solitude then this is the destination for you. Just an hour's scenic coastal walk from the settlement lie Wood Cove and Stephens Peak where the rugged headlands provide breeding grounds for King, Gentoo and Rockhopper penguins. Further along the south coast, visitors will come across the unusual and impressive rock formations known as Indian Village. Calm Head, about 2 hours walk from the settlement, has superb views of the jagged shoreline and mighty South Atlantic.

Accommodation

A self-catering cottage in the heart of Port Stephens settlement provides a comfortable base from which to explore this area.

- 1 twin non-suite room and 1 triple non-suite room
- Centrally heated with 24 hour power
- Gas Cooker, fridge and microwave

- All bed linen, bedding, towels, crockery and all cooking utensils are provided
- Evening meals can be offered in the owner's house with advance booking

Payment method:
Cash (£, US\$, €) UK and FI cheques



Port San Carlos

Some two hour's drive from Stanley (or less by plane), Port San Carlos offers magnificent scenery, fishing on the San Carlos River and a fine selection of wildlife. Paloma Beach is a beautiful secluded stretch of white sand and home to Gentoo and King Penguins whilst a return hike to the Rockhopper and Gentoo colonies at Fanning Head involves approximately 6 hours of moderate walking. Further north, Cape Dolphin and Elephant Beach also offer excellent wildlife.

San Carlos, Darwin, and Goose Green are readily accessible via the recently completed road system which crosses the San Carlos River.

Race Point Farm, also operating out of Port San Carlos settlement, offers year-round full board and self catering accommodation. Guided 4WD tours are available as well as the opportunity to try quad biking and Falkland-style horse riding.

The newly modernised cottage provides stunning views over Falkland Sound to West Falkland, and a base from where you can enjoy a relaxing time as part of your Falkland adventure.

Accommodation

The accommodation offers

- Fully equipped, centrally heated cottage that sleeps 8
- Open all year round

Payment method:
Cash (£, US\$, €), UK and FI cheques



San Carlos – Kingsford Valley

Again, just over two hour's drive from Stanley by road, San Carlos is an excellent base from which to explore East Falkland. San Carlos became a household name during the 1982 Conflict as the landing site of the British Task Force and is now the setting of the British Cemetery which overlooks San Carlos Water where a number of British ships were bombarded. Nearby, a small museum contains photographs and relics from 1982, as well as a display on local conservation projects, the Islands' wildlife and a section about rural life in the Falklands prior to 1982. There are good opportunities for hiking, wildlife viewing and fishing in the surrounding area.

Guided tours are available to nearby wildlife sites and the surrounding mountains, giving a personalised, detailed look at the history of the area. Tours further afield including a day trip to Stanley or Volunteer Point can also be arranged. Excellent guided trout fishing on nearby San Carlos River is also a popular option.

Kingsford Valley Farm offers accommodation in the form of two fully equipped cottages, Garden Cottage and Museum Cottage.

Accommodation

Garden Cottage

- 3 bedrooms consisting of 1 King, 2 singles and 1 cot and bunk bed
- A washing machine is provided for your personal use
- Centrally heated
- Fully equipped kitchen
- All bed linen and bedding provided
- Complimentary tea and coffee provisions are provided

Museum Cottage

- 2 bedrooms consisting of 1 double, 2 singles, cot and bunk bed
- Centrally heated
- Fully equipped kitchen
- All bed linen and bedding provided
- Complimentary tea and coffee provisions are provided

Payment method:
Cash (£, US\$, €) UK and FI cheques
Meals are available on request



WILDLIFE CHECKLIST

- ▶ Gentoo penguin
- ▶ Rockhopper penguin
- ▶ Variable hawk
- ▶ Black-necked swan

- ▶ Gentoo penguin
- ▶ Rockhopper penguin
- ▶ Variable hawk
- ▶ Black-necked swan

WILDLIFE CHECKLIST

The northwest region of East Falkland offers a stunning combination of hills, beaches, rugged coastline, excellent wildlife, local history and a variety of accommodation options.

HIGHLIGHTS

- ▶ Watch Black-browed albatross soar overhead before landing to feed their chicks
- ▶ Enjoy preening at the Rockhopper penguin shower
- ▶ Look out for whales off-shore
- ▶ Take up the superb hiking opportunities

WILDLIFE CHECKLIST

- ▶ Black-browed albatross
- ▶ King penguin
- ▶ Rockhopper penguin
- ▶ Gentoo penguin
- ▶ Magellanic penguin
- ▶ Rock cormorant
- ▶ King cormorant
- ▶ Variable hawk
- ▶ Cinnamon teal
- ▶ Black-neck swan
- ▶ Silver grebe
- ▶ White-tufted grebe
- ▶ Southern giant petrel
- ▶ Antarctic skua
- ▶ Two-banded plover
- ▶ Dark-faced ground -tyrant
- ▶ Rufous-chested dotterel
- ▶ Falkland thrush
- ▶ Elephant seal

The Neck – bookings for this accommodation must be made directly with the owner's of Saunders Island

Saunders Island

One of the largest in the archipelago this 30,000 acre island, situated off the north west coast of West Falkland, attracts wildlife enthusiasts from around the world. Rich in wildlife and history the main attraction are the large Black-browed albatross colonies. There is a spectacular black-browed albatross colony and Rockhopper penguin colony on the northern cliffs, known as The Rookery. Here, fresh water runs down the cliff sides creating a 'shower' where you can watch Rockhopper penguins jostle for a spot to preen their feathers and enjoy the cooling waters. A short walk away lies a white sandy beach where you can watch Gentoo and Magellanic penguins leaving and returning to their colonies, a fabulous sight at sunrise and sunset. Rare sightings of Macaroni and Chinstrap penguins have also been recorded. The combination of wildlife and natural, scenic beauty afford some of the best photography opportunities in the World.

Four species of raptors, King and Rock cormorants, Black-necked swans and many other shorebirds are easily accessible from the settlement or at the many and varied wildlife 'hotspots' around the island. Look out for Fin and Sei whales offshore whose distinctive "blows" can be clearly seen from the cliff tops.

Saunders Island continues to be run as an active sheep farm by its owners and remains of significant historical importance as the site of the first British settlement in 1765. The ruins of the settlement at Port Egmont can still be seen today – approximately a 2km walk from the Settlement.

Accommodation

The Rookery – Rookery Inn

This purpose built 2 bedroom cottage relies on old-fashioned Falklands' values where clients are expected to leave the cottage ready for the next visitors. Located 6 miles from The Settlement on the north coast beneath Rookery Mt. overlooking the cliffs and a short walk from both the Black browed albatross and Rockhopper colonies.

- 2 twin bedrooms
- Shared bathroom (shower/WC/sink)
- Shared kitchen/seating area
- Self-catering accommodation only
- Full size gas cooker, central heating
- All bed linen, towels, crockery and cooking utensils supplied
- Electricity is 24 hours
- It should be noted that this accommodation is quite isolated, and you may not see anyone else from when

you are dropped off until early morning on the day of your departure.

- There are emergency radios at The Rookery, so if you need to get hold of your hosts in case of emergency then you can use these. The radios work on a repeater system, and so as long as someone is in the Settlement house, then you will be able to speak to them.
- Transfer fees apply. Please enquire when booking.



The Settlement

There are two self-catering cottages in Saunders settlement.

- Main House can sleep up to 10 people in 2 twins, 1 single, 1 double and 1 triple room.
- Central heating throughout, shower room, bathroom and two toilets
- All bed linen and towels are supplied

A second accommodation, the Stone House, was built in 1875 but has been extensively modernised.

- It offers 3 bedrooms sleeping up to 6 people (1 double and 2 twin rooms).
- Centrally heated
- All bed linen and towels are supplied

Both cottages are well equipped with fridge, a gas cooker and all crockery and utensils as well as TV and radio. The Stone House also has a washing machine.

Payment method:

Cash (£, US\$,) UK and FI cheques



Volunteer Point

The white sandy beach and turquoise waters of Volunteer Point create a tropical appearance, however, the iconic King, Gentoo and Magellanic penguins will ensure you don't forget you are in the Falklands! The show stopper of any visit to Volunteer Point are the regal King penguins and, due to their 18 month breeding cycle, the ever present brown fluffy "teenagers". In addition to the largest accessible King penguin colony in the Islands there is a host of other wildlife to be seen along the beach and on the lagoons, as well as spectacular scenery as you traverse the north of East Falkland.

Volunteer beach, approximately 2km (1.25 miles), is bordered by high grassy banks leading down to rolling greens providing ideal breeding habitats for three of the Falklands penguins. Enjoy the tranquillity and superb photographic opportunities as penguins congregate at the edge of the ocean in this pristine environment.

Named after the ship Volunteer which visited the Islands in 1815, Volunteer Point is part of Johnson's Harbour Farm. The farm, 21,853ha / 54,000acres, was established by George Patterson Smith in 1870 and stayed in the Smith family until June 2011. It remains in local ownership.

Accommodation

Enjoy a home-style stay with Derek and Trudi, Volunteer Point's Wardens, at the Warden's Cottage

- 2 twin non-ensuite rooms
- Full board accommodation only (packed lunches provided)
- Accommodation has steep stairs so may be unsuitable for some clients

- Volunteer Point is a smoke-free zone with no smoking allowed anywhere on the nature reserve

Payment method:

Cash (£, USD\$, €) UK and FI cheques

HIGHLIGHTS

- ▶ The tranquillity of sunset / sunrise amongst the regal King Penguins
- ▶ Superb photo opportunities
- ▶ Spectacular scenery

WILDLIFE CHECKLIST

- ▶ King penguin
- ▶ Gentoo penguin
- ▶ Magellanic penguin
- ▶ Commerson's dolphin
- ▶ Rock cormorant
- ▶ Fur seal



HIGHLIGHTS

- ▶ Experience the majestic Elephant Seal at the largest colony in the Falklands with over 600 pups born every year
- ▶ 47 breeding species of bird
- ▶ Keep an eye out for Killer whales offshore
- ▶ Enjoy wildlife so close you can watch Gentoo Penguins while enjoying a drink at the bar!
- ▶ Easy walking terrain

WILDLIFE CHECKLIST

- ▶ Rockhopper penguin
- ▶ Gentoo penguin
- ▶ Magellanic penguin
- ▶ King cormorant
- ▶ Crested caracara
- ▶ Striated caracara
- ▶ Upland goose
- ▶ Ruddy-headed goose
- ▶ Silver teal duck
- ▶ Speckled teal duck
- ▶ Patagonian crested duck
- ▶ Silver grebe
- ▶ Chiloë wigeon
- ▶ Black-crowned night-heron
- ▶ Magellanic oystercatcher
- ▶ South American tern
- ▶ Southern giant petrel
- ▶ Antarctic skua
- ▶ Two-banded plover
- ▶ Turkey vulture
- ▶ Black-throated finch
- ▶ Dark-faced ground-tyrant
- ▶ Grass wren
- ▶ Rufous-chested dotterel
- ▶ White-rumped sandpiper
- ▶ Snowy sheathbill
- ▶ Common snipe
- ▶ Falkland thrush
- ▶ Cobb's wren
- ▶ Tussacbird
- ▶ Southern sea lion
- ▶ Elephant seal

Sea Lion Island

Sea Lion Island is one of the smallest and the most southerly inhabited island in the Falklands, it remains a premier destination due to the sheer abundance of wildlife concentrated in such a small area. The island is a designated National Nature Reserve and Ramsar site and is free of introduced predators such as cats and rats. Beautiful tussac plantations cover one fifth of the island which are alive with Falkland thrushes, Black-throated finches, Tussacbirds and Magellanic penguins. Large numbers of Elephant seals and Southern Sea Lions can be found on the island's spectacular beaches. At the peak of the breeding season up to around 1800 Elephant seals can be found on the beaches.

The 47 different species of breeding birds to be viewed on Sea Lion Island include three species of breeding penguins and five birds of prey including the internationally endangered Striated caracara. Every year brings exciting sightings of vagrants. Pods of Killer whales can be seen close to shore attracted by the many seals and penguins that breed there – the best time for seeing the Killer whales is mid November to end of December when they prey on the weaned pups practicing swimming in pools close to the shore.

While the island is easily explored on foot, an introductory guided tour in a comfortable 4x4 vehicle will acquaint visitors to the island and point out the must-see areas. Maps and wildlife information are readily available to compliment the tour and subsequent exploration.

Award-winning, world renowned photographers have adorned books and magazines with shots of the wildlife on Sea Lion Island, but even with the most basic equipment you will take away photos to treasure.

Accommodation

Sea Lion Lodge

Provides very comfortable lodge accommodation and attentive service to its guests.

- 1 single, 5 twin, 2 double rooms and 1 family room and 1 triple room
- All rooms with ensuite facilities and all centrally heated
- After an exciting day exploring you can relax in the lounge bar or in the TV lounge
- Extensive natural history video library, reference books and magazines
- For those wanting to keep up their golf game, there is a small 9-hole pitch and putt course free to guests

Payment method:

Cash (£, US\$, €) UK and FI cheques

Reduced rates in October and March.



Steeple Jason Island

In the far north west of the Falkland archipelago, the Jason Island group is a wilderness paradise. Rugged and remote, these rarely visited, uninhabited nature reserves are now available as a travel destination in the Falkland Islands. Steeple Jason and Grand Jason Islands boasts breathtaking scenery and are of significant importance to conservationists. Rising sharply from the sea, Steeple Jason is home to the worlds largest Black-browed Albatross colony, large colonies of Southern Giant Petrels, Gentoo and Rockhopper penguins, Striated Caracaras and many other bird species. This destination is ideally suited to naturalists and wildlife/landscape photographers

Extended/Overnight stays on Steeple Jason Island

- Use of fully furnished house
 - Vessel charter available
 - Meals are provided by Carcass Island
 - Must be fully guided (guide fees apply)
 - Included in package: 4x4 vehicle to assist with movement of camera equipment
 - Require at least one night on Carcass Island either side of the Steeple Jason trip
- Contact ITT for prices and to make all arrangements including charter of vessel to get you to this wildlife paradise. Please note that International Tours & Travel recommends a minimum of a 2 night stay on Steeple Jason. These visits are often not confirmed until quite close to the travel date, but we can assure you from our personal experience of this amazing destination that it is well worth the wait.



West Point Island

(Accessible as a day excursion from Carcass Island)

West Point Island lies off the northwest of West Falkland. The rich wildlife, beautiful coastline and scenic settlement and harbour make this a quintessential Falklands experience.

The transfer time between Carcass Island and West Point is about an hour during which dolphins and birds swooping down to feed in the rich seas will keep you entertained.

Once on West Point Island you are free to explore the picturesque settlement and gardens, and then make your way to Devil's Nose; a jagged bluff teeming with over 2,000 pairs of Black-browed albatross, 500 pairs of Rockhopper penguins and a variety of sea birds including Rock Cormorants. On the return journey, depending on the weather, the boat can circumnavigate West Point Island to reveal spectacular photographic opportunities.



HIGHLIGHTS

- ▶ Go off the beaten track and relax in the comfort of your own cottage
- ▶ Try your hand spotting the only Patagonian Foxes in the Falklands
- ▶ Watch Commerson's Dolphins playing in the bay
- ▶ Enjoy the stunning views from Mt Weddell

WILDLIFE CHECKLIST

- ▶ Patagonian Fox
- ▶ Reindeer
- ▶ Gentoo Penguin
- ▶ Magellanic Penguin
- ▶ Crested Caracara
- ▶ Striated Caracara
- ▶ Falkland Pipit
- ▶ Variable Hawk
- ▶ Dark-Faced Ground-Tyrant
- ▶ Southern Sea Lion
- ▶ Elephant Seal
- ▶ Peale's Dolphin
- ▶ Commerson's Dolphin
- ▶ Southern Giant Petrel
- ▶ Night Heron

Weddell Island

The largest of the off shore islands, Weddell is just over an hour's flight from Stanley. Once known as Swan Island, the island was later named after the Antarctic explorer, Captain James Weddell.

In the 1920s John Hamilton, one time owner of the island, imported many exotic animals to Weddell and neighbouring Beaver and Staats Islands. Today on Weddell you can still see Patagonian fox as well as the more recently introduced herd of reindeer.

Weddell offers opportunities to view Gentoo and Magellanic penguins, Southern sea lions, Striated and Crested caracara, Variable hawks and numerous breeds of small birds. Pods of Commerson dolphins are regularly seen swimming close inshore to the many white sandy beaches and in the settlement creek. Weddell is also home to over 100 flowering plant species, including the endemic Silvery buttercup. For walkers there are beautiful rugged coastlines as well as the challenging hike to the summit of Mt Weddell which at 383m offers stunning views.

This destination is a very popular family getaway - white sandy beaches are the perfect location for a family picnic whilst paddling in the creek makes a perfect relaxing end to a day.

A half-day tour of The Loop Nature Reserve by the island's knowledgeable caretakers is available. Additional tours can be arranged with your hosts.

Accommodation

2 self-catering cottages located at the settlement at Gull Harbour:

Sea View Cottage

sleeps 4 in 1 double room and 1 twin room – just right for a family break.

Mountain View Cottage

is a large self-catering cottage which sleeps up to 8 people in 2 double rooms, 1 twin room and 2 single rooms – gather some friends together and enjoy a weekend away.

Catered-Cottage option

Catered-Cottage Option: Breakfast in your own cottage (all materials provided), either a packed lunch or lunch taken at The Lodge and dinner either delivered to your own cottage or taken at The Lodge in the evening.

Payment:

Cash (£, US\$, €) UK and FI travellers cheques accepted



...further off the beaten track

There is a wide variety of self-catering cottages dotted around the Falkland Islands which make excellent destinations for weekend getaways from Stanley or perhaps for visitors returning to the Islands wishing to explore a little further off the beaten track ...

Little Chartres

On the road between Port Howard and Fox Bay, Little Chartres offers the ultimate in Falklands hospitality under two thousand acres of sky. There is excellent fishing literally at the bottom of the garden in the Chartres River—one of the Falklands best trout fishing rivers. 4x4 tours to some of the neighbouring farms and wildlife spots, or walking tours closer to home are also on offer. This is an excellent destination for children with a playground and plenty of wholesome home cooking. Choices for accommodation include the comfortable 2-bedroom suite at the Main House with garden views and views from the deck over the Chartres River and hills beyond, or the rustic Top Dip Shanty – a unique cabin at the side of the original settlement that is especially suited for the adventurous.

Port Edgar

Located in the southeast of West Falkland, Port Edgar combines hiking opportunities, wildlife watching, fishing and a chance to experience traditional far life firsthand. Cliff-top walks afford views over Falkland Sound and whales can often be spotted. Penguin colonies are also found nearby. Accommodation at Port Edgar is the self-catering Moelwyn Cottage, a full equipped

house for up to 5 people. Evening meals can be arranged on request and fresh produce, general stores and diesel are available.

Elephant Beach

To explore the north east coast of East Falkland, head to Elephant Beach Farm. A large eco-restoration project has been implemented here with large tussac plantations aimed at protecting the coastline from erosion and helping the native wildlife thrive. 4x4 tours are recommended for visiting the Gentoo penguin colony, the banks of beautiful tidal lagoons strewn with whale bones and a series of pristine beaches from which to view dolphins and sea lions. Accommodation at the farm is a fully equipped self-catering cottage for 8 people in 2 bedrooms. Camping is permitted.

North Arm

This remote settlement is one of four settlements in the area known as Lafonia and is one of the largest sheep farms in the Falklands; a visit here is a real opportunity to experience traditional camp life in the Falklands. For those with off-road driving capabilities (not permitted with hire vehicles) a stay at some of the outside/shepherds houses at North West



Arm, Fanny Cove or Danson Harbour will provide the ultimate getaway from it all with excellent wildlife, walking and beachcombing. From these houses it is possible to explore the wildlife rich area of Bull Point. Gentoo penguins and sea lions can be seen on the sandy beaches around the Point, whilst Magellanic penguins, Black-necked swans may be encountered on the green of the ponds slightly further inland. Dolphins are often seen offshore.

Visitors also have the option to stay in North Arm settlement itself with a choice of self-catering cottages. This area provides an excellent opportunity for trekking tours, camping out at a different house each night.





HIGHLIGHTS

- ▶ Experience a day trip to Volunteer Point, Seal Bay and other wildlife destinations
- ▶ Battlefield tours
- ▶ Explore the Falkland' maritime history
- ▶ Enjoy the stunning new Historic Dockyard Museum
- ▶ Colourful roofs and quaint gardens
- ▶ Souvenir shopping
- ▶ Take in Stanley's history trail on foot and soak up its past

Stanley

Capital of the Falkland Islands, and with a population of around 2000 it is the smallest and most remote capital city in the world. Set on a natural harbour, the colourful seaside town has a rich maritime history from the days when great sailing ships and early steam vessels called on their journeys around Cape Horn. Some of these ships still lie in the harbour, abandoned after a Cape Horn battering. Tours or self-guided walks will acquaint visitors with these wrecks as well as the distinctive architecture of many original buildings and the memorials and monuments that reflect the military past of the islands.

Tourist information is available from the Jetty Visitor Centre located at the Public Jetty on Ross Road. The bright yellow building is home to the Falkland Islands Tourist Board.

There is a wide range of accommodation available in Stanley. We would recommend the equally centrally located Malvina House Hotel and The Waterfront Boutique Hotel, both on Ross Road (Stanley's main road street which runs along the harbour front). Both of these offer rooms with ensuite facilities, and either full board or bed and breakfast tariffs. Alternatively, Bennett House – a family guesthouse run by Falkland Islanders, offers guests a chance to sample true local hospitality.

Stanley also has several dining options from modern Falkland's cuisine to casual pub meals and snacks.

From Stanley, visitors can easily explore other areas of East Falkland through a range of day excursions. A firm favourite is the King penguin colony at Volunteer Point or the wildlife centres at Cape Bougainville and Cape Dolphin. A bit closer to home, nature walks take in the area known as Cape Pembroke and in particular Gypsy Cove. Our extremely knowledgeable and qualified guides will make battlefield tours of the mountains to the west of Stanley or further afield to Fitzroy, Darwin or San Carlos a truly enjoyable day out.

Views of Stanley, with its colourful roofs, from the harbour make for excellent photographic opportunities or it is always worth taking time to enjoy a wreck and harbour tour or a Kidney Cove penguin colonies by small motorised launch. Often dolphins can be seen swimming alongside the boat, making this an extra special outing.

If you are feeling energetic, the Solar System sculpture walk, a unique self-guided walk is a 1:1 billion scale model of our solar system is a day-long hike the begins near the 1914 monument.

The new Falkland Islands Museum facilities in the old dockyard with its surprising and fascinating displays covering social and natural history should not be missed. The museum gives an excellent insight into every aspect of Falkland history, and questions are encouraged. Don't forget to buy your Falklands souvenirs before you leave – locally made woollen and felt goods and kits, small jars of local diddle-dee jam, stamps and coins, local artwork and books are always popular.



Top 10 things to see in Stanley:

1. Explore the history of the islands at the Historic Dockyard Museum where you will have a chance to experience the heritage and history of Falkland Islanders as well as the flora, fauna and geology that make the Falklands so unique.
2. Take a moment of reflection at Christ Church Cathedral, opened in 1892 this brick and stone building is one of Stanley's most iconic landmarks. Light falling through the stained glass windows inside makes a visit well worth it. As you enter the building look out for the post Liberation Memorial Window with the Falklands crest and the islands' motto 'Desire the Right'. At the very end of the cathedral on the same wall is a unique window commemorating Mary Watson, a much-loved district nurse pictured with her bicycle.
3. The unique and historical Whalebone arch is situated next to Christ Church Cathedral and is made from the jaws of two blue whales. The enormity of the whale bones is quite startling.
4. Enjoy a scenic walk on Victory Green while wondering at the size of the original mizzen mast of SS Great Britain, a reminder of the important role the Falklands played in maritime history.
5. The 1982 Liberation Memorial commemorates the British Forces who liberated the Falklands and is situated in front of the Secretariat, the main government administration building. It was

here that General Menendez signed the document of surrender to the British on the 14th of June, 2982.

6. The impeccable lawns of Government House lead the way to a building that has seen an immense amount of history. Ernest Shackleton stayed here in 1916 whilst planning the rescue of his men from Elephant Island.
7. If you are feeling energetic a walk to the Lady Liz along the waterfront will be well rewarded. The Lady Liz was launched in 1879 and is one of the Falklands most dramatic shipwrecks. At 68 metres long this 1200 ton iron barque has been stranded in the Falklands since 1913.
8. Continuing on from the Lady Liz you will find yourself at Gypsy Cove where the white beaches and rolling hills are the home to a large Magellanic penguin colony. Please keep to the path as all beaches are out of bounds.
9. If you are feeling homesick check out the totem pole just outside Stanley on your way back from Gypsy Cove. The totem pole will give you directions to almost every place on earth. If you bring your own place sign you can add your home town and country to the mix.

10. The Falklands Philatelic Bureau was established in 1978, here you can purchase stamps for the Government of South Georgia, the South Sandwich Islands, the British Antarctic Territory as well as for the Falkland Islands. Falkland Island stamps and coins are great collectors' items, renowned around the World. The first stamp was issued in 1878. Stamps depict many aspects of Falkland Island life past and present, special events, anniversaries and wildlife – so why not send a postcard home!



Stanley Hotels & Guesthouses

Lafone House



Situated to the East of Stanley, Lafone House is a modern, luxury guesthouse with panoramic views of the harbour just 10 minutes walk from the centre of Stanley and close to all amenities.

This spacious guesthouse underwent extensive refurbishment during 2012/13 and now includes a large sunroom and veranda where guests can enjoy the spectacular Stanley Harbour views as well as a Barbeque Hut that can cater for up to 25 people.

A very warm welcome awaits you on arrival from Arlette, the owner, with a home away from home experience. Lafone offers an open kitchen where guests can help themselves to hot drinks and delicious homemade baking. Lunch and dinner can be catered for on request.

Payment:
Cash (£, US\$, €) UK and FI cheques

Rooms: 1 Double room, 3 Twin rooms, 1 Single room

Bathroom/WC: Double & 1 Twin room ensuite; remainder shared

Guesthouse Facilities:
Tea/coffee making facilities, laundry service, evening meals and lunches available on request



Malvina House Hotel



Located on Ross Road in the centre of town, the Malvina House Hotel has recently been refurbished to a very high standard with a new kitchen, renovated spa area and a new extension providing spacious comfortable rooms with all the modern conveniences expected by today's traveller. Particularly popular is its large conservatory dining room offering local produce with stunning views over the harbour. There is also a comfortable lounge and bar area.

Payment method:
Cash (£, US\$, €) FI cheques, Credit Card (Mastercard, Visa, Amex, Maestro & Diners)

Rooms: 72 Double/Twin ensuite rooms with a choice of Value, Standard, Executive and Sea-View Executive and 1 Junior Suite

Bathroom/WC:
All en-suite with power shower

Room Facilities: Tea/coffee making facilities, wi-fi, direct-dial telephone, hair dryer, flat screen tv, additional facilities available in some rooms including: mini bar fridge and Nespresso coffee machines

Hotel Facilities: Restaurant & bar, jacuzzi/sauna, business facilities including wi-fi, internet station and conference room, lounge, laundry service, access for disabled guests, room service

Check in: 15:00/**Check out:** 11:00

Early check-in/late check-out subject to availability. Please enquire for details and fees.



The Waterfront Hotel



This boutique hotel with a contemporary feel is situated in central Stanley just steps away from local amenities and attractions. The Waterfront Boutique Hotel has just undergone major renovation works resulting in individually designed bedroom suites and luxury rooms of the highest standard. The management prides itself on offering a personalised service with attention to detail. Hotspot internet access is available with 500MB wifi free each day and local calls are free of charge. Full English breakfast is included with the room rate, lunch and dinner can be taken at the very popular Waterfront Kitchen Café. English and Spanish are spoken

Payment method:
Cash (£, US\$, €) UK and FI cheques, Credit card

Rooms: 4 Luxury Rooms, 2 Junior Suites with sea views

Bathroom/WC:

All ensuite with power shower

Room Facilities: Tea/coffee making facilities, complimentary wi-fi internet access up to 500MB per day, telephone, hairdryer, flat screen TVs in all rooms, complimentary mini bar drinks, iron/ironing board

Hotel Facilities: Restaurant, English and continental breakfast, laundry service, concierge services available, English & Spanish are spoken



Pale Maiden B&B



This recently opened high-end guesthouse offers comfortable accommodation in a fully renovated traditional Falklands home. Artworks of Pale Maidens, the national flower of the Falklands, by local artists adorn the walls of this guesthouse. Your host Teresa offers warm Falklands hospitality and excellent customer service.

Payment method:
Cash (£, US\$, €) UK and FI cheques

Rooms: 1 Double room, 2 Twin rooms and 1 Single room

Bathroom/WC: All ensuite

Room Facilities:
TV, hairdryers, tea/coffee and fridge



Bennett House



Located in the centre of Stanley this warm and inviting guesthouse has beautiful views across the harbour. Your host Celia Stewart offers home from home B&B accommodation in a traditional Stanley house with modern decoration throughout. The enthusiastic comments in the guest book demonstrate just how successful Celia is at providing the very best of traditional Falkland's hospitality including her legendary baking.

Payment method:
Cash (£, US\$, €) UK and FI cheques

Rooms: 1 Double room, 1 Triple room, 1 Family room

Bathroom/WC: Double & Triple rooms ensuite; Family room shared

Guesthouse Facilities:
Guest Lounge with television

Flat screen television in each bedroom

Tea/coffee making facilities with tasty home cooked treats available



Shorty's Motel



Situated on the outskirts of central Stanley, this modern motel provides quality rooms at affordable prices. The motel operates in conjunction with the licensed Shorty's Diner next door.

Payment method:
Cash (£, US\$, €) UK and FI cheques

Rooms: 4 Twin rooms, 2 Double rooms

Bathroom/WC: All ensuite

Room Facilities:
TV, hairdryers, tea/coffee and fridge



Kay's Camping



Well known for its garden gnome display, Kay's offers camping in her garden and can provide breakfast and bathroom facilities to campers.

Payment method:
Cash (£) UK and FI cheques

Bathroom/WC: Shared



HIGHLIGHTS

- ▶ Gentoo penguin
- ▶ Speckled teal
- ▶ Rockhopper penguin
- ▶ King penguin
- ▶ Elephant seal

Optional day excursions from Stanley

Wildlife Day Trips by 4x4 Vehicle

Volunteer Point

This is a full-day guided excursion in 4x4 vehicle. Approximately a 2¼ hour drive will get you to the white sandy beach and turquoise waters of Volunteer Point. This tropical appearance paired with the numbers of King, Gentoo and Magellanic penguins give this destination a surreal quality. In addition to the largest accessible King penguin colony in the Islands there is a host of other wildlife to be seen along the beach and on the lagoons, as well as spectacular scenery as you traverse the north of East Falkland. Alternatively enjoy the superb photographic opportunities through the tranquillity and great light that the evening and early morning will provide at Volunteer Point.

Basic full board accommodation is available at the Warden's Cottage for individual and very small groups allowing visitors to overnight at Volunteer Point. Warden's cottage is a small, quaint cottage with two twin bedrooms upstairs and a shared bathroom and small lounge downstairs. Camping is permitted.

Seal Bay

An approximately 2¼ hour drive from Stanley will take you to the wildlife haven of Seal Bay on the north coast of East Falklands. This pristine and rugged bay offers one of the few opportunities to experience all five penguins that inhabit the Falklands in one destination - King, Gentoo, Magellanic, Rockhopper and the elusive Macaroni penguin. Seal Bay provides the ideal breeding habitat for a wide range of wildlife with the largest breeding Rockhopper colony in

the islands. Large numbers of Southern Sea Lions can be seen along the coast. The experience of crossing Swan Pond and driving through the water is quite jaw dropping.

Cape Bougainville

Full-day guided excursion in 4x4 vehicle covers the scenic, and relatively undiscovered, north coast of Salvador (Gibraltar Station), East Falkland. Owned by the Pitaluga family since the 1800's the farm has turf and stone corrals still in use today. A large rookery of Rockhopper penguins, mixed with King cormorants is concentrated on a small point only a few minutes walk from the parking area. A growing colony of Southern sea lions nestling in the tussac grass is an added bonus for the visitor. On occasion the odd Macaroni penguin is found amongst the Rockhopper. Camping is permitted at this location.

Cape Dolphin

A 4-hour drive takes you to the far side of and the most northerly point of East Falkland. This designated wildlife sanctuary is home to both Gentoo and Magellanic penguins, as well as King and Rock cormorants. A small colony of southern sea lions can be found on the tip of the Cape, but the area's main attractions is the abundance of waterfowl, including Black-necked swans and Yellow-billed pintails, found on the ponds. To extend your exploration of this area accommodation options are available at Port San Carlos and Elephant Beach. Camping is also permitted.



HIGHLIGHTS

- ▶ Experience off-road driving, a beloved part of Falklands life
- ▶ Enjoy Falklands hospitality
- ▶ Awe inspiring landscapes and wildlife experiences
- ▶ See the world from the water in a day trip to Kidney Cove
- ▶ Remember the 1982 conflict and all who fell

Kelp Point/Pleasant Roads

A just over two hours drive from Stanley (about an hour and a quarter off-road) lies Kelp Point and Pleasant Roads— one of the best sites for viewing the Southern Elephant seals on East Falklands. Queen of Falklands Fritillary butterfly enjoying large patches of Falklands lavender join a host of other wildlife including Gentoos penguins, swans, and Ruddy headed geese.

Kidney Cove

Standard Tour (approximately 3 hours) – a 20-minute launch trip through the harbour to Sparrow Cove providing great photo opportunities as you look back at the colourful rooftops of Stanley. From Sparrow Cove it is about a 30-minute overland transfer to the Gentoo penguin colonies on the grassy banks of Kidney Cove. One of these small colonies are occasionally visited by one or more King penguins, and Magellanic penguins also breed on the drier slopes behind Kidney and Mine Coves. Other wildlife to look out for is Red-backed hawks, Falkland skuas, Upland geese and the Falkland Flightless steamer ducks.

Extended Tour (between 4 & 6 hours) – as above, but extended to include the Rockhopper colony further along the coast, which also offers spectacular views towards Volunteer Point. The length of this trip is tailored to suit the client and the weather.

Battlefield Tours

Stanley area & Fitzroy (half day)

Visit some of the mountain sites (Tumbledown, William, Harriet and Two Sisters) that became household names during the 1982 conflict between Britain and Argentina, before moving onto Fitzroy to see the memorials to the troops lost in the bombing of the British logistic ship Sir Galahad and Sir Tristram. This tour includes the chance to see several air crash sites. Whilst largely by vehicle, the tour can be adapted to suit all levels of hiking/climbing ability if desired. This tour can be easily extended to a full day tour, or even spread over 2 days for those wanting more in depth coverage.

San Carlos & Goose Green (full day)

Combine a visit to both the British and Argentine cemeteries with a trip to the battlefields around the Darwin area, including memorials. San Carlos was the site of the British landing in 1982, today the British cemetery overlooks Bomb Alley, the area in which a number of British ships were bombarded. A small museum houses relics from the conflict and other items of historical interest. Ajax Bay, the area used as a field hospital in 1982, is situated nearby.

Goose Green is an area of great historical interest, made famous when British Paratroopers fought the first and longest battle here during the 1982 conflict with Argentina. Memorials for British soldiers who fell in this battle can be seen here, as well as various positions over the large expanse of ground where the battle was fought.



Sample Itineraries

Falklands itineraries are all tailor-made and are created specifically to suit the client's length of stay, interests and budget. These are sample itineraries only; as such they have no fixed departure dates and are subject to availability at the time of booking. Please contact us to check availability and tariffs. We would be delighted to help you create your own tailor-made itinerary.

Falklands Deluxe Discovery

Duration - 15 days, 14 nights:

Port Howard 02nts, Pebble Island 02nts, Saunders Island 02nts, Carcass Island 03 nts, Sea lion Island 02 nts & Stanley 03nts

Day 1 – 2 : Arriving at Mount Pleasant Airport you will be met by your International Tours & Travel advisor. Your travel advisor will assist with your transfer by Falkland Islands Government Air Service (FIGAS) 8-seater Britten Norman Islander aircraft to Port Howard with a flight time of approximately 25 minutes. The relatively low level flying provides passengers with exceptional views of the Falklands coastlines and scenery. Your accommodation at Port Howard Lodge - with its well-manicured lawns, including a putting green, is an ideal location from which to explore camp life Falkland's style. Camp is the word given to everywhere outside of the capital Stanley.

A chance to see one the Falklands few remaining large farms (and one of the most picturesque) in action, with a guided tour of the settlement taking in a visit to the shearing shed where the 76,000 hectare farms 38,000 sheep are shorn, the 1982 war museum, and dolphin spotting in the harbour.

Day 2 travel by the ubiquitous Land Rover to Fox Bay settlement with a stop at Hawksnest Pond on the way for a picnic lunch while viewing some 18 species of freshwater fowl, including the Black-necked Swan. Included in this full day excursion may be a visit to 1982 aircraft crash sites, and one of the Falklands richest fossil beds. Alternatively opt for a wildlife tour to Gladstone Bay.

Day 3-4 : Today's FIGAS flight will take you to Pebble Island one of the larger outlying islands, with landscapes varying from large ponds to vast sandy beaches and rocky cliffs. This diversity offers shelter to a wide-ranging population of birds and mammals. Thousands of Gentoo, Rockhopper and Magellanic Penguins breed each summer along with Southern Sea Lions. The ponds on the east of the island, many within walking distance of the lodge, are home to Chiloe Wigeon, Grebes, Black-necked Swans and a multitude of other waterfowl.

The half-day and full day guided tours can be tailored to your interests and offer ample opportunity to see the abundant wildlife and spectacular scenery further afield as well as hunting for the semiprecious stones that give the island its name. Pebble Island also has something for the historian having played an important

role in the 1982 conflict. Pebble Lodge, previously the farm manager's house, is ideally adapted to the needs of visitors while retaining the warm and friendly atmosphere of a large farmhouse.

Day 5 – 6 : On arrival you will travel overland to the wildlife hotspot know as The Rookery – a drive of about 40 minutes. You will be staying in the fully equipped but isolated two bedroom self-catering cottage located on the cliff top with magnificent views of the islands along the north of West Falkland.

This 30,000 acre island is still an active sheep farm and is important historically being the site of the first British settlement in 1765. However the attraction to wildlife enthusiasts is the Black-browed Albatross colony which stretches along the north coast. This island is unquestionably one of the Falklands best wildlife sites with King and Rock Shags, Gentoo, Rockhopper, Magellanic penguins to be seen as well as the albatross. All this wildlife is right at your doorstep.

Food can be bought in a small store at the settlement, or if you would rather not waste a moments wildlife viewing we recommend our pre-prepared home-made meals.



Day 7 – 9 : Today's FIGAS flight will take you to Carcass Island one of the most picturesque outer-lying islands, with the luxuriant, well-established hedges and trees attracting many small birds such as the Cobb's wren, Black-chinned Siskins and Falklands Thrush to nest around the settlement buildings. The sandy beaches, rolling hills and low cliffs are superb platforms from which to view the multitude of sea and shore birds that either breed or feed on and around Carcass Island. This destination gives you the opportunity to explore completely at your own leisure, as there are no fixed excursions on this small island. You will also be able to enjoy the settlement gardens which have almost a tropical feel with their Monterey cypress trees, New Zealand cabbage palms and colourful array of flowers. Your accommodation on Carcass Island will be in the Managers House giving you a great opportunity to talk with Falkland Islanders, and sample their organic vegetables, meat and dairy products prepared into typical Falklands 'camp style' fare.

Enjoy spectacular sea-views with a full day boat excursion to West Point Island. Black-browed Albatross and magnificent cliff scenery on one of the Falklands most picturesque islands are the main attractions of this trip. Weather permitting the boat transfer can be extended to include whale and dolphin spotting as well as a circumnavigation around West Point Island.

Day 10 - 11 : Today's FIGAS transfer is to Sea Lion Island one of the smallest islands in the Falklands archipelago and the most southerly inhabited island. The sheer abundance of wildlife in such a small area makes it a must on any Falklands itinerary. An introductory tour by vehicle on arrival will point out areas of interest, however everything is

in easy walking distance of the lodge – a map and guidelines for safe wildlife viewing are given out on arrival. The internationally endangered Striated Caracara, Antarctic Skuas, Southern Giant Petrels, and a host of passerines can all be seen on this island. Not to be missed are the Southern Sea Lions at East Loafers, and the Elephant Seals which bask on the white sandy beach at the appropriately named Elephant Corner. The Gentoo penguins are close enough to be seen and heard from the lodge bar! Keep an eye open and there is the odd Killer Whale to be spotted off shore as well.

Day 12 - 14 : On arrival at Stanley Airport your guide will meet you for your city tour which will take in both historic and modern parts of this remote capital city, as well as a visit to the museum and the Magellanic penguin colony at Gypsy Cove. Three nights bed & breakfast at the accommodation of your choice.

On Day 13 a full-day guided battlefield and general interest tour will take you around San Carlos, Goose Green and Darwin – some of the places that became household names during the 74 day conflict in 1982 between Argentina and England over the sovereignty of the Falklands. Experienced guides will bring these events to life. Darwin, named after the famous naturalist Charles Darwin who visited the Islands in the 1830s, provides its visitors with a selection of Falkland's history. There is plenty to see from the 1982 conflict, as well as remnants of the Gauchos' occupation in the 1800's.

On Day 14 a full-day guided excursion in 4x4 vehicle to Volunteer Point will be a trip highlight. With the white sandy beach and turquoise waters this destination has a Caribbean feel to it, however the iconic King and Gentoo penguins will bring you back to the Falklands. There is a host of other wildlife to be seen along the beach and on the lagoons, as well as spectacular scenery as you traverse the north of East Falkland.

Day 15 : Transfer to Mount Pleasant Airport by private vehicle. Keep a look out for Variable Hawks enroute!



Seabirds & Seals – For the Wildlife Enthusiast

Duration - 8 days, 7 nights :

Sea Lion Island 02nts, Saunders Island 03nts, Stanley 02nts.

Day 1 - 2 : SEA LION LODGE, SEA LION ISLAND 02 NIGHTS

On arrival you will be met by your International Tours & Travel advisor. Your travel advisor will assist with your transfer by Falkland Islands Government Air Service (FIGAS) 8-seater Britten Norman Islander to Sea Lion Island with a flight time of approx 25 minutes. The flight provides exceptional views of the Falklands coastline and scenery. Your accommodation at Sea Lion Lodge is just minutes walk from a wide variety of wildlife.

This is one of the smallest islands in the Falklands, and the most southerly inhabited island. The sheer abundance of wildlife in such a small area makes it a must on any Falklands itinerary. An introductory tour by 4X4 vehicle will show you areas of interest with everything in easy walking distance of the lodge. Not to be missed are the Southern Sea Lions and Elephant Seals which bask on the white sandy beaches. Keep an eye open and there is the odd Killer Whale to be spotted off shore as well.

Day 3 - 5 :

SAUNDERS ISLAND 03 NIGHTS

Today's adventure starts with a FIGAS flight to Saunders Island. On arrival you will travel overland to the wildlife hotspot know as The Rookery – a drive of about 40 minutes. You will be staying in the fully equipped but isolated two bedroom self-catering cottage located

on the cliff top with magnificent views of the islands along the north of West Falkland.

This 30,000 acre island is still an active sheep farm and is important historically being the site of the first British settlement in 1765. However the attraction to wildlife enthusiasts is the Black-browed Albatross colony which stretches along the north coast. This island is unquestionably one of the Falklands best wildlife sites with King and Rock Shags, Gentoo, Rockhopper, Magellanic penguins to be seen as well as the albatross. All this wildlife is right at your doorstep.

Food can be bought in a small store at the settlement, or if you would rather not waste a moments wildlife viewing we recommend our pre-prepared home-made meals.

Day 6 - 7 : STANLEY 02 NIGHTS

Transfer by FIGAS to Stanley. On arrival at Stanley Airport your guide will meet you for your city tour which will take in both the historic and most modern parts of this small and remote capital city, as well as a visit to the beautiful new museum facilities. First and Second World War and 1982 history abounds around Stanley. Enjoy two nights bed & breakfast at the accommodation of your choice.

On day 7 enjoy a full-day guided excursion in 4x4 vehicle to Volunteer Point. With the white sandy beach and turquoise waters this destination has a Caribbean feel to it, however the iconic King and Gentoo penguins will bring you back to the Falklands. There is a host of other wildlife to be seen along the beach and on the lagoons, as well as spectacular scenery as you traverse the north of East Falkland.

Day 8 : DEPARTURE

Private transfer to Mount Pleasant Airport where you will catch your onwards international flight. Your route will take you past many of the 1982 battlefields and, more historically, relics from the gaucho era of the 1800's.

Falklands Battlefield Tour

Duration - 8 days, 7 nights : DARWIN 02NTS, PEBBLE ISLAND 02NTS, PORT HOWARD 01NT & STANLEY 02NTS

Day 1 - 2 : DARWIN 02 NIGHTS

Arriving at Mount Pleasant Airport you will be met and assisted by your International Tours & Travel advisor to your onwards overland transfer to Darwin, a drive of about 45 minutes.

Darwin, named after the famous naturalist Charles Darwin who visited the Islands in the 1830s, provides its visitors with a selection of Falkland's history. There is plenty to see from the 1982 conflict, and going back some 200 years remnants of the gauchos' occupation in the 1800's. Darwin House is a beautifully renovated farmhouse with views over Choiseul Sound and the picturesque settlement. Its waterfront setting makes it a great place to start your wildlife watching – Night herons, Ruddy-headed Geese and Blackish Oystercatchers are almost certainties.

On Day 2 a guided tour of the San Carlos, Goose Green and Darwin area to see some of the places that became household names during the 74 day conflict in 1982 between Argentina

and England over the sovereignty of the Falklands. Experienced guides will bring these events to life as you take in both the British and Argentine war cemeteries as well as across many of the 1982 battlefields with an insight into the fierce battle for the reinstatement of a British flag over Goose Green.

Day 3 - 4 : PEBBLE ISLAND 02 NIGHTS

Transfer by Falkland Islands Government Air Service (FIGAS) 9-seater Britten Norman Islander aircraft to Pebble Island. The relatively low level flying provides exceptional views of the Falklands coastlines and inland scenery. Pebble Island is one of the larger outlying islands, with landscapes varying from large ponds to vast sandy beaches and rocky cliffs. The island was the site of one of the most dramatic events of the Falklands War when a group of British SAS raided the island's Argentine-occupied airstrip. Wreckage of the destroyed aircraft can still be seen, and visitors to Pebble Island today land on the same airstrip. Further afield memorials and crashed Argentine Learjet can also be seen.

The diverse countryside offers shelter to a wide-ranging population of birds and mammals. Thousands of Gentoo, Rockhopper and Magellanic Penguins breed each summer along with Southern Sea Lions. The ponds on the east of the island, many within walking distance of the lodge, are home to Chiloe Wigeon, Grebes, Black-necked Swans and a multitude of other waterfowl.

You will be met by the manager of the lodge, Riki, and taken for

refreshments before beginning a half day tour. The following day you will get a chance to experience further military history such as the memorial to the HMS Coventry and further plane wreckage. Your tours will be tailored to your interests and offer ample opportunity to see both the military history of the island as well as the abundant wildlife and spectacular scenery if you should so wish.

Your accommodation on Pebble Island will be at Pebble Lodge, previously the farm manager's house and situated in the centre of the farm settlement. The island's 25 residents were locked up in this house during the 82 Conflict. Now, although ideally adapted to the needs of the visitor, it retains the warm and friendly atmosphere of a large farmhouse.

Day 5 : PORT HOWARD 01 NIGHT

Today's FIGAS flight will take you to Port Howard. Port Howard Lodge with its well-manicured lawns, including a putting green, will be the ideal location from which to explore farming life Falkland's style and the considerable amount of aircraft wreckage that remains - 10 or 11 planes, Mirages, Skyhawks, Dagger and a few helicopters, which were destroyed on West Falkland during the war.

You will also have the opportunity to see one of the Falklands few remaining large farms (and one of the most picturesque) in action, with a guided walking tour of the settlement taking in a visit to the shearing shed

where the farms 47,000 sheep are shorn, the 1982 war museum, and dolphin spotting in the harbour.

Day 6 - 7 : STANLEY 02 NIGHTS

Transfer by FIGAS to Stanley. On arrival at Stanley Airport your guide will meet you for your city tour which will take in both the historic and most modern parts of this small and remote capital city, as well as a visit to the beautiful new museum facilities. First and Second World War and 1982 history abounds around Stanley. Two nights bed & breakfast at the accommodation of your choice.

Day 7 your full-day guided excursion in 4x4 vehicle will take in the mountain areas, Tumbledown, William, Harriet and Two Sisters, where some of the fiercest conflict took place during the 1982 conflict. You will then travel onto Fitzroy area to see memorials to the troops lost when the logistic ships Sir Galahad and Sir Tristram were bombed.

Day 8 : Transfer to Mount Pleasant Airport by private vehicle. Your route will take you past many of the 1982 battlefields and, more historically, relics from the gaucho era of the 1800's.



Ascension Island & RMS St Helena

Ascension Island

With twice weekly flights to and from Ascension Island, visitors to the Falkland Islands can add this unique island destination to their travel itinerary. Located around 1,600km from the coast of Africa, in the middle of the South Atlantic Ocean, Ascension Island is a sub-tropical island with temperatures consistently between 21 and 31 degrees Celsius. This makes it an ideal stop off point to enjoy regular sunshine and white sandy beaches, extraordinary landscape and to really experience somewhere "off the beaten track"

Walking, scuba diving, sea fishing and sunbathing are popular activities taking advantage of the warm waters. The beaches are never crowded and the weather is nearly always hot and sunny, so on a good day when the sea conditions are right, the rental or purchase of a mask and snorkel is well rewarded by the sight of the many tropical fish.

Ascension is also one of world's major nesting grounds for Atlantic green turtles which come ashore between December and May each year to lay their eggs.

Hire cars are recommended for exploring the island at your leisure. Demand is high and car numbers limited so it is advised that you reserve a vehicle prior to your journey to avoid disappointment.

A number of other services available include hairdressers, a library, shops, bars and restaurants and sporting facilities such as pool and racquet courts. Ascension Island is also the gateway to St Helena aboard the *RMS St Helena*.

Accommodation

The limited accommodation offer on Ascension Island mean the pre-booking is absolutely essential, as is requesting an entry permit.

Obsidian Hotel

Located in the heart of the capital Georgetown and a stone's throw from some of the beaches and the pier, this is the only hotel on Ascension Island and maintains a high standard of care to its residents.

- 16 single room and double apartments
- All en-suite facilities
- TV, internet, international telephone in each room
- Tea/coffee making facilities and fridge are available in rooms

- All rooms have either balconies or patios

Hayes House

A guesthouse situated in Georgetown and a more economical option for clients on Ascension Island. The accommodation offers:

- Modern and comfortable rooms although smaller than those of the hotel
- All rooms are en-suite
- Rooms sleep a maximum of two people

RMS St Helena/St Helena

The new airport at St Helena makes an exciting adventure to this beautiful tropical island accessible for all. During this transition phase the RMS St Helena, one of only two Royal Mail Ships still in service, continues to provide a vital link for residents and tourists alike. Delivering not just mail she is a vital link for the residents of the beautiful and remote island of St Helena, delivering not just mail but supplies such as food, and building materials. The ship is unique as she also serves as a passenger ship and dedicated method of international travel for island residents. On board you can expect the modern facilities, comfortable cabins, fine dining and entertainment programmes that you find on similar cruise ships.

St Helena is one of the world's most remote inhabited islands. With its fascinating history, diverse landscape and a warm reception from the local residents, St Helena and her Royal Mail Ship is a one-of-a-kind travel experience. You can join the RMS St Helena on Ascension Island as she journeys to St Helena and points beyond such as South Africa.

Please inquire for schedules, cabin options and other ports of call.

- TV, fridge and tea/coffee making facilities are available in each room
- All rooms share a communal lounge

There are also a couple of cottages available for hire for longer stays of 7 nights or more

Antarctica & South Georgia

The least-known and last explored continent

Between October and March each year you can experience the ultimate educational and challenging adventure with a cruise to South Georgia and the Antarctic Peninsula. Itineraries range from the classic Antarctica programme that usually lasts around 10 nights to longer cruises of 16-20 nights in duration which include South Georgia and the Falklands. Although few in numbers there are also heavily sought after cruises that just visit South Georgia or combine that destination with an extended Falklands visit. The majority of cruises embark/disembark in Ushuaia in southern Argentina, although there are occasional options for cruises starting in the Falklands (these tend to be at the very beginning of the season).

For those with an extreme taste for adventure there are options for kayaking, diving, mountaineering and camping.

There is no best time in the above months to take a cruise, although the different months do have their different characteristics. Like the Falklands November is the courting season for penguins and seabirds so you will witness spectacular displays of courtship and mating rituals, whilst in December and January as temperatures rise and days lengthen chicks are hatching and sea lions are pupping. February is the best month for whale watching and also brings huge numbers of furseals to the Antarctic Peninsula.

Good cruises get booked a long way in advance so we do recommend early booking to avoid disappointment, and indeed this is generally rewarded with an early booking discount. We work with a broad range of expedition and adventure cruise companies operating in the Southern Ocean, including Oceanwide Expeditions and Quark Expeditions, all of which have their attractions depending on what you are looking for.

However it is not just the ship that is important, but the expedition staff and lecturers who accompany you on your voyage of discovery are a real point of pride as well. On each departure passengers are accompanied by a number of accomplished and respected geologists, zoologists, historians and ornithologists who will enhance your experience.

Day 1: Embark Ushuaia. Settle in for the first night on board.

Day 2: Your journey to the Falklands is an exciting one, as you join the Captain on the bridge or spot wildlife from the deck – these krill rich waters are a particular favourite with marine mammals and seabirds.

Day 3: The Falkland Islands offer a chance to step back in time, in a place where nature is still very much in charge. The rolling hills and clumps of tussock grass provide a habitat for cormorants, elephant seals, sea lions and penguins of varied species. Spend the day on nature walks to penguin rookeries and other unspoiled wildlife habitats, or perhaps stroll the village streets of the capital Stanley.

Days 4-5 : Cruising the South Atlantic. Take full advantage of the vast knowledge of your expedition staff to learn about the adventures in store. As the ship approaches South Georgia, deckside sightings of marine mammals and other wildlife become more frequent.

Days 6-8 : South Georgia. This island is actually a largely submerged continuation of the Andes mountain range. Explore the many glacier-carved coves, rugged shores and historic sites including Grytviken a former whaling station and site of Shackleton's grave. It is hoped to visit the impressive Salisbury Plain situated between two glaciers where a vast colony of stately king penguins stretches as far as the

eye can see. A neighbouring island is home to nesting wandering albatross with fur and elephant seals slumbering on the beach and in the high tussock grass.

Days 9-10 : Cruising the Scotia Sea. Lecturers recap the adventures in South Georgia while the ship passes through nutrient-rich waters that create a lush environment for marine mammals and fish.

Days 11-14 : Antarctica. The plan is to land on the Antarctic Peninsula and a number of islands which may include the South Shetlands. It is hoped to sail through Paradise Bay and the Lemaire Channel with other possibilities for exploration including a scientific research station and the remains of early century whaling and sealing industries. On most days two landings will be made heading out in swift and versatile Zodiacs, accompanied by lecturers to explore islands with thousands of penguins and to photograph nesting grounds of seabirds whilst cruising iceberg strewn passageways of breathtaking beauty.

Days 15-16 : Drake Passage. Return through the Drake Passage where there are more opportunities for observing marine and birdlife.

Day 17 : Disembark in Ushuaia and perhaps take the opportunity to head out to explore Tierra del Fuego's spectacular wilderness.

This is a sample itinerary and may also be done in reverse. All landings are subject to weather and availability of suitable anchorages.



Booking Terms & Conditions for Falkland Services

Tailor-Made Travel

All our travel arrangements are made on a private and individual basis to allow you complete freedom in choosing an itinerary suitable to you. All itineraries, both within the brochure and on our website, are designed simply to give you a flavour of what is available and can be tailor made to suit your preferences. We can make reservations for international flights up to 11 months in advance, and we would recommend you start to make Falklands ground arrangements up to 3 years in advance.

Accuracy

All information was correct at the time of going to print. We will endeavour to advise you of any changes that have occurred, at the time of making your booking or prior to your arrival in the Falklands.

Travel in the Falkland Islands

The Falklands are off the beaten track and whilst suppliers all endeavour to supply a high degree of service, weather does play a large role in the smooth running of your programmes. Domestic flights in particular can, on occasion, be delayed. ITT will do their utmost to ensure the continued smooth running of your programme but an adaptable

attitude and degree of flexibility may sometimes be required – it is all part of the adventure!

ITT cannot accept any financial liability for any costs incurred in having to make changes to your itinerary due to weather or other force majeure delays. We recommend that you have adequate travel insurance to cover such incidents.

Special Requests

Accommodations outside of Stanley provide catering on a set menu basis (as opposed to a la carte) and it is therefore recommended that travellers advise ITT in advance of any special dietary requirements or food allergies.

Insurance

We strongly recommend that at the time of making your booking you supply yourself/your client with travel insurance to cover cancellation charges, luggage claim, medical expenses, accident, etc

It is strongly recommended by the Falkland Islands Government that all visitors have adequate travel insurance of at least USD200,000 which includes cover for aero medical evacuation. The level of travel insurance required for the Falklands might differ from any existing travel insurance policy held so please check it covers aero medical evacuation.

Payment Terms

A non-refundable deposit of GBP 200.00 (or USD or Euro equivalent) per person is required when we confirm your reservations. The balance becomes due 60 days prior to your arrival in the Falkland Islands.

Payment Methods

Payment may be made either in GBP, USD or Euros (at the prevailing rate of exchange) by the following methods:
Cheque: in GBP, drawn on a United Kingdom bank, made payable to International Tours & Travel Limited

and sent to our office in the Falkland Islands. A bank charge of 0.25% (with a minimum charge of GBP 4.00) is levied on cheques and should be added to the total amount due.

Telegraphic/Bank Transfer: to our account with Standard Chartered Bank in the Falkland Islands or through an account in the United Kingdom (account details on request). A bank charge of between GBP 8.00 and GBP 35.00 or USD or Euro equivalent, depending on to which bank the transfer is made, is levied on transfers and should be added to the total amount due.

Credit Card: Master Card or Visa. A bank charge of 6.00% is levied on transactions and will be added to the total amount due.

Please note that all charges are levied by the bank and not by International Tours & Travel Ltd. The client is responsible for all bank charges.

Cancellation Policy

The following fees will be charged based on the date of receipt of written notification of cancellation of booking:

After confirmation of reservations but more than 60 days prior to arrival: Deposit forfeited

Between 30-60 days before arrival: 50% of cost of itinerary

Between 14-30 days before arrival: 75% of cost of itinerary

Between 0-14 days before arrival: 100% of cost of itinerary

Photography

We would like to thank the following people for allowing us to use their photographs:

Georgina Strange, Design in Nature; Julie Halliday, Studio 52; Allan White; Michelle Jones; Paul Ellis; Cathy Jacobsen; Mark Pollard; Peter Nightingale, Lucy McGuire; Alan Henry; Derek Pettersson; Jenni Sol; Work Boat Services; Mark Spicer.

The Falkland Islands Countryside Code

The Falklands are proud of their unspoilt wildlife and environment and whilst we want visitors to explore and enjoy our wonderful country we do ask them to be responsible and respectful towards our wildlife.

- ▶ Always ask permission before entering private land.
- ▶ Keep to paths wherever possible. Leave gates, open or shut, as you find them.
- ▶ Be aware of the high fire risk throughout the Islands. Be extremely careful when smoking not to start fires. Take cigarette butts away with you.
- ▶ Do not drop litter.* Take your rubbish home with you.
- ▶ Do not disfigure rocks or buildings.
- ▶ Do not touch, handle, injure or kill any wild bird or other wild animal.*
- ▶ Never feed wild animals.
- ▶ Always give animals the right of way. Remember not to block the routes of seabirds and seals coming ashore to their colonies.
- ▶ Try to prevent any undue disturbance to wild animals. Stay on the outside of bird and seal colonies. Remain at least 6m (20ft) away. When taking photographs or filming stay low to the ground. Move slowly and quietly. Do not startle or chase wildlife from resting or breeding areas*.
- ▶ Some plants are protected and should not be picked.* Wildflowers are there for all to enjoy.
- ▶ Whalebones, skulls, eggs or other such items may not be exported from the Falkland Islands.* They should be left where they are found.

*Such actions (with a few special exceptions) may constitute an offence in the Falklands Islands and could result in fines up to £3,000.

Suggested Reading

Atmosphere – Landscapes of the Falkland Islands

Ian J. Strange and Georgina Strange. 2006. ISBN 0-9550708-0-5

The Falkland Islands – Between the Wind and the Sea
Kevin Shaefer. 2003. ISBN 1-899-392-262

Falkland Islands Walking Guide
Falkland Islands Tourist Board, 2016

A Visitor's Guide to the Falkland Islands
Debbie Summers. 2nd Edition. 2005. ISBN 0-9538-3715-7

Atlas of Breeding Birds of the Falkland Islands
Robin W. & Anne Woods. 1997. ISBN 0-904614-60-3

Birds of Patagonia, Tierra del Fuego & Antarctic Peninsula (The Falkland Islands & South Georgia)

E. Couve & C. Vidal. 2003. ISBN 956-8007-04-0

Birds and Mammals of the Falkland Islands

Robin W. & Anne Woods. 2005. ISBN 1-903657-10-5

A Penguins World
Ian J Strange and Georgina Strange, 2009. ISBN 978-0-9550708-2-2

Birds and Mammals of the Antarctic, Sub Antarctic and Falkland Islands
Frank S Todd, 2004. ISBN 0-934797-22-6

A Visitor's Guide to South Georgia
Sally Poncet and Kim Crosbie. 2012. ISBN 987-0-691-15658-3

Wildlife of the Falkland Islands and South Georgia
Ian J Strange. 1992. ISBN 0-00-219839-8

Diddle Dee to Wire Gates
Sally, Blake, Jane Cameron & Joan Spruce. 2011. ISBN 095667563-8

FALKLANDS DICTIONARY

Bogged – getting vehicle stuck in mud/soft camp.

Camp – the name given to everywhere outside of Stanley

Corral – an enclosure for keeping horses/cattle in. Some stone ones in the Falklands date back to Gaucho era.

Diddle-dee - small evergreen shrub that produces bright red, edible berries in Feb-Mar. Often turned into jam.

FIGAS – Falkland Islands Government Air Service; the Falklands domestic airline

Jackass – local name for Magellanic Penguin

Johnny Rook – local name for Striated Caracara

Mollymawk – local name for albatross.

MPA – Mount Pleasant Airport; the international airport

Outside house – isolated house used in the past by shepherds. Some of these buildings have been converted into self-catering cottages.

Settlement – collection of houses & sheds, etc, which form a focal point on a farm

Smoko – mid morning coffee break, usually accompanied by homemade cake & biscuits.

Standing man – stone cairns marking hilltops or other strategic points

Stinker – local name for giant petrel

Teaberry – white & pink sweet edible berry in the Falklands, often turned into jam and used in baking.

Wriggly tin – corrugated iron; in the past a principal building material in the Falklands.

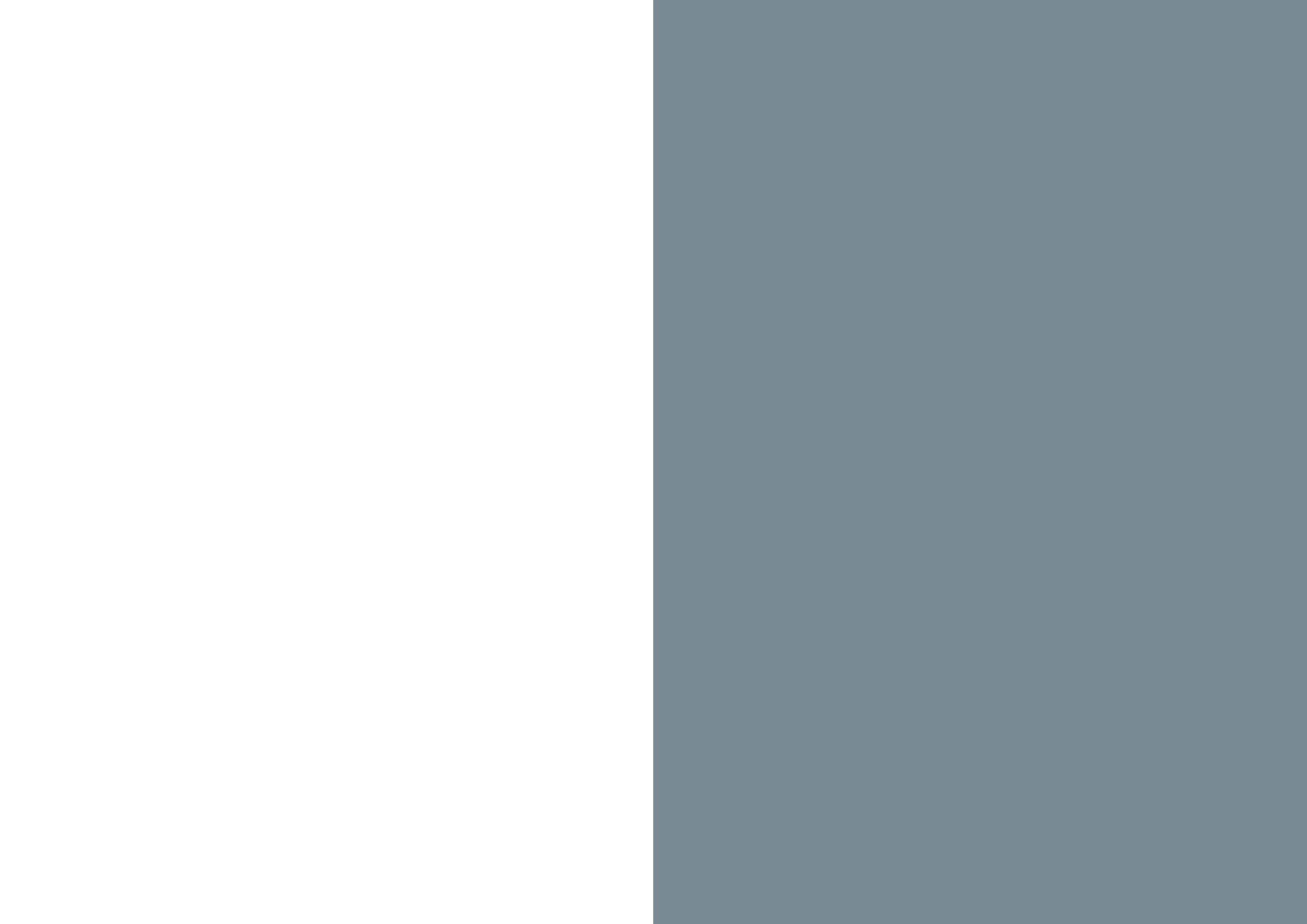


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